

# *The* **Rambler**

THE MONTHLY PUBLICATION OF THE WASATCH MOUNTAIN CLUB

MARCH 2022  
VOL. 101 NO. 3

7

WMC AND THE CCF  
ADOPT-A-TRAIL  
PROGRAM

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ORGANIZER'S  
RECOGNITION AND  
RAFFLE







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## ON OUR COVER:

On Sat., January 8<sup>th</sup>, Akiko Kamimura organized a Lone Rock Snowshoe Hike. Brad (L) and Tom(R) are approaching the second lone rock on a beautiful day. See trip report on page 30.

*Photo courtesy of Akiko Kamimura*

The **Wasatch Mountain Club** is an outdoor recreation club for adults dedicated to fostering awareness of the scenic beauties of the Wasatch and encouraging preservation of our natural areas. Club activities include hiking, backcountry skiing, backpacking, camping, conservation, trail maintenance, canoeing, climbing, canyoneering, kayaking, mountaineering, mountain biking, road biking, river rafting, socializing, snowshoeing and multi-day adventures.

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## CHANGE OF ADDRESS/

**MISSING RAMBLER:** Login to the WMC website and update your Personal Information or email [membershipdirector@wasatchmountainclub.org](mailto:membershipdirector@wasatchmountainclub.org) with your new address or to request a replacement Rambler. This publication is not forwarded by the Post Office. Allow 45 days for address changes.

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# President's Message



The annual February Membership meeting was held virtually again this year. This is a great opportunity to get together, catch up on club business, vote on new Life Members, learn about WMC opportunities, hear from guest speakers, and meet the new and returning board members. It is at this meeting each year that the members vote on the board. Board terms are one year, with no limit on the number of years or positions that an individual can serve. The board also includes four elected Trustee positions. Trustees serve for four years, so a new trustee is voted in each year.

I'd like to recognize and thank the outgoing board members for their dedication and contributions, and welcome our new directors.

- Sue Baker is stepping down after years of service as the WMC Membership Director. Sue has offered to continue some of the admin support that she has been doing in addition to her Membership Director duties. Heidi DeMartis and Constance Modrow will be stepping in as Membership Co-Directors.
- Deirdre Flynn will wrap her years of serving as Board Co-Secretary. Steven Gadd will be staying on as Secretary.
- Neil Schmidt served as Climbing/Mountaineering co-director, then in this past year he led took on the role solo. We welcome Mark Maier as the new Climbing/Mountaineering Director.
- Liz Cordova dedicated her hiking co-director term to getting gentler, kinder hikes on the club calendar. Paula McFarland joins the board this year as the new Hiking Co-Director.
- And finally, we say goodbye to Dave Rumbellow after his 4-year service as Trustee. Zig Sondelski will be returning as Trustee.

I also want to give a shout out to all returning board members as well! The WMC is a volunteer-run organization, and we have a great leadership team. Serving on the WMC Board of Directors is a worthwhile and rewarding undertaking. In spring of 2020, the board meetings went virtual, and we currently hold hybrid board meetings so that some can meet in person and many can join on-line. The first board meeting for 2022-2023 will be held March 9. At that meeting, the Board will appoint the Vice President, and the Activity Directors will appoint their supporting activity coordinators. The full WMC leadership team is listed every month in the Rambler, and includes all elected and appointed positions.

It's going to be another great year for the Wasatch Mountain Club!

- Julie Kilgore





# WASATCH MOUNTAIN CLUB 2022-2023

POSITION	NAME	PHONE #	EMAIL
President	Julie Kilgore	801-244-3323	president@wasatchmountainclub.org
Vice President	Bret Mathews	801-831-5940	vicepresident@wasatchmountainclub.org
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Secretary	Steven Gadd	801-540-6622	secretary@wasatchmountainclub.org
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Mountain Bike Coordinator	Craig Williams	801-598-9291	bikingcoordinator@wasatchmountainclub.org
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Conservation Director	Dennis Goreham	801-550-5169	conservationdirector@wasatchmountainclub.org
Trail Planning Coordinator	Will McCarvill	801-694-6958	conservationdirector@wasatchmountainclub.org
Foundation Lias	Renae Olsen	385-315-6917	lodgedirector@wasatchmountainclub.org
Hiking Co-Directors	Daisy DeMarco Paula McFarland	610-517-7876	hikingdirector@wasatchmountainclub.org
Trail Maintenance Coordinator	Kyle Williams	435-258-8297	hikingcoordinator@wasatchmountainclub.org
Information Technology Director	Bret Mathews	801-831-5940	webmaster@wasatchmountainclub.org
Membership Co-Directors	Heidi DeMartis Connie Modrow		membershipdirector@wasatchmountainclub.org
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Merchandise Coordinator	Donnie Benson	801-466-5141	
Public Relations Director	Da Yang Wipfel	801-635-6189	info@wasatchmountainclub.org
Social Co-Directors	Tonya Karen Petra Brittner	801-493-9199 512-525-9285	socialdirector@wasatchmountainclub.org
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Trustee (2020-2024)	Brad Yates	801-278-2423	Trustees@wasatchmountainclub.org
Trustee (2021-2025)	Will McCarvill	801-694-6958	Trustees@wasatchmountainclub.org
Trustee (2022-2026)	Zig Sondelski		Trustees@wasatchmountainclub.org





# WELCOME

## *New & Returning Members*

Alex Penn  
Justin Galloway  
Nate Wharton  
Christopher Patterson  
Mark Bloomenthal  
Adam Overacker  
Adrian Schrell  
Alisa Gammon  
Laura Dietrich  
Brian Porter

Lubica Skumatova  
David Kolbo  
Rochelle VanTil  
Alec Ward  
Jennifer Kelly  
Cornelia Cannon  
Steve Kaylor & Kristen Yetto  
Steve & Teresa Schreiner  
Ian & Brett Crable  
Amber Fitzsimmons & Sarah Van Voorhis

If you're a new member ... depending on your age and background ...  
you might have a few questions:

1. How do I get involved in activities?
2. What kinds of activities can be organized?
3. What is the average age of WMC members?
4. How many people participate in the activities?
5. How aggressive are the various activity groups?

The answers ... ask away! Ask someone in the club! Send an email to: [rambler@wasatchmountainclub.org](mailto:rambler@wasatchmountainclub.org) or call someone from the governing board (inside front cover). The average age is ... honestly, we don't know. Why don't we know? 1. We haven't yet started tracking that information. 2. It doesn't matter. There are older folks who can out-hike/-bike/-paddle any younger person. There are also younger people who like to do lighter activities. Sometimes many people show up for activities; sometimes only a couple. This is a nice thing.

The WMC activities allow for flexibility; if you can show up, do - - if you can't, don't. As for how vigorous and aggressive the various activities and groups are (hikers, bikers, etc.), contact the director or coordinator. Please don't feel like you can't organize an activity if you don't know your way around. There are so many people who can help you, and you can even decide on a destination at the time of meeting! You might have one or two awkward activities, but just get together with people who share the same interests with you, and you'll be on your way to tons of fun and excitement - - things you never thought were possible!

Jim Kuera





# 50 Years Ago in *The Rambler*

Transcribed by Donn Seeley

club activities for march 1972 [...]

Mar. 12        DAYS FORK - Advanced – We have rescheduled this fine tour and if the snow and avalanche gods are with us perhaps it will go. Car spotting is necessary so please be on time. Meet at the mouth of Big Cottonwood Canyon at 8:00 a.m. Leader Dave Hanscom [...]

Mar. 25 Sat. MOONLIGHT TOUR – Everyone is welcome except Snowmobiles. We will hopefully have good weather for this trip. We are going to go up Silver Fork -- this road I am sure we can find in the "dark". Meet at the mouth of Big Cottonwood Canyon at 7:30 p.m.

LAKE DESOLATION by Marilyn Bateman

My girlfriend, Virginia, and I had never been on snowshoes before, and we soon discovered a whole new realm of sports activity to pursue. It was chilly at 9:00 a.m. when we met at the mouth of Big Cottonwood Canyon, but soon we were strapping on our snowshoes (or attempting same) and some were climbing into their skis. As we started out up the trail, I couldn't help but notice that my snowshoes kept coming off. Then along came Kermit Earle; and observing the situation, he pointed out the fact that the little strap on the bindings is supposed to go over the instep of the foot and not under it. He then helped Virginia and me readjust our snowshoes and we soon were making great headway.

To my amazement, snowshoeing came easy. I had expected a difficult time, but was pleasantly surprised to find that it is easy. I soon was uncomfortably aware of the fact that one has no trouble keeping warm when snowshoeing and that the 14 layers of clothing I had on were totally unnecessary. I kept looking for a place to cache some of the outer layers, but when none was found, I ended up sweating it out!

Soon we passed the main group of snowshoers and headed toward the lead. We took great delight in making new tracks in the untouched snow as we went through a large meadow that was surrounded with pine trees and silence. The wind blew most of the day, and the sky being somewhat cloudy when we started out, was soon a brilliant blue as nature displayed a day of fantastic beauty. [...]

Kermit Earle suggested that we take a different route home and I, feeling full of enthusiasm and energy, thought that was a great idea. (I always did like a challenge.) A few went back the same way we came up, and the rest of the group followed Kermit as we climbed up the ridge behind the lake. I couldn't help but notice the snow flying through the air from the force of the wind on the crest of the ridge. I was swept with a feeling of euphoria as we gazed at the view from the top of the ridge, and couldn't help but feel a little windswept also!

The descent was something to be remembered. I looked with astonishment at this incredible incline that we were supposed to descend. Kermit instructed us to stay near the trees to avoid an avalanche, and then schooled us on the finer points of how to ski downhill on snowshoes. With one snowshoe somewhat behind the other one, we slid down the hill. Kermit was soon far in the lead, and I distinctly remember him shouting, "Try it, you'll like it!" as his voice faded out of earshot.

Further down the canyon we came to several places where an avalanche was a good possibility, so we crossed these areas one at a time -- in case one got buried, the others would have the fun of digging him out. We paused in a grove of aspen trees and noticed that we had left our leader, Elmer Boyd, and the rest of the snowshoers miles behind us. We decided to wait for them a while and amused ourselves by watching Jim (didn't get his last name) maneuver very carefully through the thick grove of trees on his Nordic skis. After waiting for about 15 minutes, the others were still a long way behind us so we continued on down the canyon. For the home stretch we followed the canyon road for about three-fourths of a mile and got to try our hand at bushwhacking on snowshoes. Soon we sighted the cars and so ended a fantastic day at about 4:00 p.m., and I for one can't wait to go again!

The hearty snowshoers and skiers were: Elmer Boyd, Charles Hall, Emily Hall, Janet Hall, Marc Hall, Ruth Hanson, Virginia Hilliard, Pat Miller, John Mosley, Margaret Mosley, Gerry Powelson, Oscar Robison, Phyllis Robison, John Riley, Jim ?, and two guys whose names we didn't get.

[Marilyn Bateman was Membership Director in 1973-1974 and Club Trustee from 1986-1988; she married Kermit Earle in the '70s and Jim Bickley in the '80s. She has been a very active Club member and volunteer, involved with hiking, biking, backpacking, skiing, boating, spelunking and international travel. --Donn]





# WMC and the CCF Adopt-A-Trail Program



COTTONWOOD  
CANYONS  
FOUNDATION

The Cottonwood Canyons Foundation Winter 2022 Newsletter highlights the Wasatch Mountain Club as one of the early Adopt-A-Trail partners. The Adopt-A-Trail Program was launched in 2021, and the WMC signed on right away to adopt the Mt. Olympus trail. The Cottonwood Canyons Foundation Newsletter provided these details:

*"The Adopt-A-Trail Program (AAT) is a collaborative effort between the U.S. Forest Service Salt Lake Ranger District and Cottonwood Canyons Foundation, created to meet the growing needs of the trails located within Big Cottonwood, Little Cottonwood, and Millcreek Canyons. Corporate and community sponsors contribute \$2,500 for an annual adopt a trail sponsorship. These funds allow CCF to perform necessary trail maintenance, invasive species mitigation, and native plant restoration projects throughout the tri-canyons area. In addition to their sponsorship, trail adopters are invited to join the Trail Crew or Invasive Weeds Crew for a volunteer day. This provides a personal opportunity to learn about what goes into caring for our shared public lands and to become stewards of the Wasatch National Forest themselves. As Salt Lake City continues to be recognized and one of the great outdoor recreation hubs of the West, the Wasatch National Forest continues to see an increase in human impact each year. AAT provides individuals and businesses an opportunity to help care for these shared public lands. This support allows CCF to continue to provide safe and sustainable conditions for trail users while also working to ensure the continued protection of the Salt Lake City Watershed. Each adopted trail is designated with a sign indicating the adopter."*

The WMC Adopt-A-Trail commitment was a natural extension to the Mt. Olympus Trailhead Adoption agreement the club has with Salt Lake County. Since 2021, the WMC has maintained a steady dedicated group of volunteers of Trash Angels and Graffiti Busters. WMC efforts make a substantial impact on overall condition of the Mt. O trailhead.





# WMC / Red Cross Blood Drive

by Tony Hellman, WMC Blood Drive Coordinator

To the WMC from the Regional Red Cross:

1 Pint lives 42 days & Can Impact 3 Patients within 4 days of donating! With this Flu Running around There is About a 1 Day Supply & The Normal is 2 Weeks! The Need is Outweighing those who are able to donate!

The WMC was sponsoring two blood drives to help with the shortage on Jan 28th and Feb 7th. The second blood drive was re-assigned to a family whose mom lost both legs Christmas weekend. Over the first day of her surgery, she needed over 54 pints of blood. Both drives were hugely successful.

According to the Red Cross coordinator, The WMC Blood Drive was the talk of our whole territory. We had a goal of 28 & 40 people Registered~ 36 Donations were successful! We had 3 "First Time Donors" On top of that we had 3 Power Red Donations, which counts as 2 donations & go to Cancer & Leukemia Patients in particular!

2020= You Shared 109 donations

2021= 215 donations

2022= 36 donations - plus the Feb 7 drive will be credited to the WMC totals.

Total as of today= 360 donations x 3 = 1080 Patients basically 2 years!!!

A goal of 500 pints to commemorate the "delayed WMC Centennial" has been set. The next blood drives will be March 28 and April 18. Please see the calendar for more information.

What's the most important blood type? The type you need if it isn't available. What's your blood type?

Only 7% of the population have O negative blood. Due to its versatility for transfusions, it is in high demand. In an emergency, it is the blood product of choice. For example, just one car accident victim can require up to 100 units of O neg. Tony and Giulia's blood type is O neg. Tony's blood is also CMV neg so his is considered "baby blood". Thank you for making a life-saving difference to the community.



# Hiking Practices & Trails

By Dave Andrenyak

Hiking season is here. More daylight, warmer temperatures and the trails are drying out. As we hit the trails, it is important to keep in mind that one of the foundational missions of the Wasatch Mountain Club (WMC) is to encourage preservation of our natural areas. To help maintain our forest, desert and mountain areas, it is important to follow the guidelines of good hiking practices. We all know them and do them. Nevertheless, it is beneficial to review them at the start of the hiking season. It is fundamental and necessary to be prepared for the hiking. Preparation includes having the proper clothing and equipment; being knowledgeable about the terrain, trail conditions, weather conditions, and regulations; and being physically fit. Do not leave trash in our natural places or on our trails. That includes vegetative items such as banana peels, orange peels, apple cores, and stone fruit pits. If you see trash and if it is convenient, please collect the trash and dispose properly. Do not shortcut trail switchbacks. Going off trail to travel around muddy spots may keep the boots clean and the feet dry, but that off trail travel may cause erosion. Be aware of and follow Wilderness, forest, and culinary watershed regulations. In the Salt Lake Ranger District Wilderness areas, the number of hikers in a group is limited to 10 people. In watershed areas that supply culinary water such as Bells Canyon, Lambs Canyon, Big Cottonwood Canyon (BCC) and Little Cottonwood Canyon (LCC), domesticated animals such as dogs are prohibited. Do not swim or wade in streams and lakes within the culinary watershed. Campsites need to be a least 200 feet from lakes, streams and trails. Campfires are prohibited at Lake Blanche (BCC), Red Pine Lake (LCC) and Maybird Lakes (LCC).

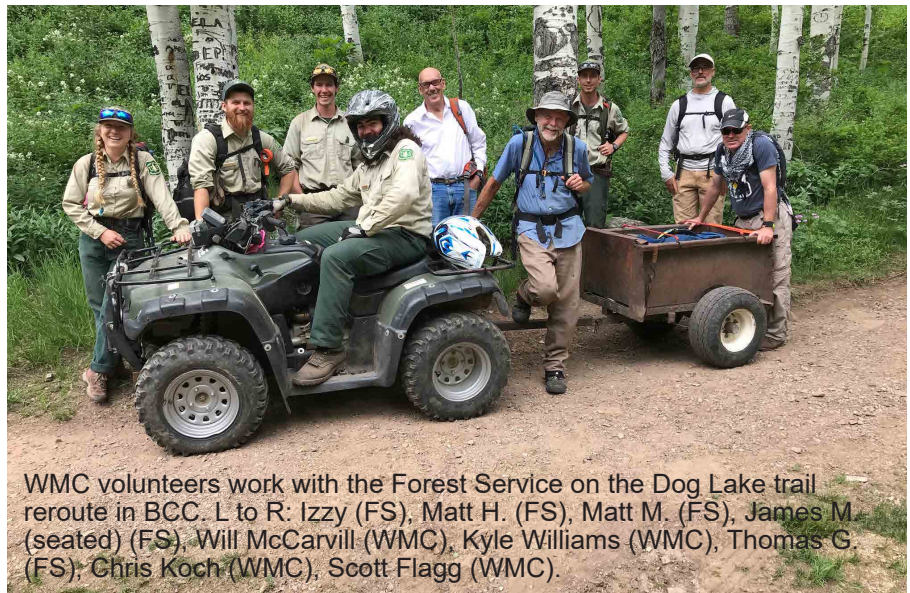
Good hiking practices includes the principles of leave no trace. That applies to pooping responsibly. If the need to poop on a hike occurs, make and use a hole 6- 8 inches and at least 200 feet away from water sources and trails. Toilet paper should be packed out. A better practice is to use a WAG bag and pack it all out. Use of WAG bags is especially encouraged when in culinary watershed areas such as BCC and LCC.

Parking at trailheads will continue to be crowded and congested. Please park respectfully and comply with parking regulations. Do not block other vehicles, access to roads, or neighborhood driveways. When out on the public lands, be respectful of other hikers and trail users

The WMC has participated in trail maintenance activities that are coordinated by managing agencies such as the United States Forest Service (USFS), Save Our Canyons (SOC), Cottonwood Canyons Foundation (CCF), and the Bonneville Shoreline Trail Committee (BSTC). This season, we hope to continue our collaborative effort with these agencies. These activities are excellent opportunities to learn more about the Wasatch area and trails in general. Please check the Rambler and the WMC activity calendar for information about these events.

The WMC continues our agreement with the Salt Lake County Parks and Recreation to maintain the recently rebuilt Mount Olympus trailhead. Our work there involves cleaning up trash, disposal of the trash bag near the start of the trail, and graffiti mitigation. It is heartwarming to see our efforts appreciated by many Mount Olympus trail users. If you would like to help with this important service work, please contact Ronna Cohen ([ronna@ronnacohen.com](mailto:ronna@ronnacohen.com)).

Thank you for recreating responsibly and preserving our natural areas.



WMC volunteers work with the Forest Service on the Dog Lake trail reroute in BCC. L to R: Izzy (FS), Matt H. (FS), Matt M. (FS), James M. (seated) (FS), Will McCarvill (WMC), Kyle Williams (WMC), Thomas G. (FS), Chris Koch (WMC), Scott Flagg (WMC).





# Pollution in Salt Lake City Valley

## *What we can do...*



On one of Vince DeSimone's recent snowshoe hikes, Jim Kucera took this photo overlooking Salt Lake City which shows the significant pollution above our great city/valley. What can we do? Well, here's a few suggestions:

1. Drive less - consider carpooling or public transit.
2. Reducing idle time can improve air quality and reduce fuel costs.
3. Trip chain by grouping errands together to save time and money, conserve gas and reduce the number of trips you make. 60-90% of light-duty vehicle emissions occur within the first 50 seconds of operation after a cold start.
4. Wood burning. One of the most common sense measures is to not burn wood in the winter.
5. And, there are many more ways to help...

For more information, check outUCAIR or Salt Lake County websites:

<https://www.ucair.org>  
[www.slc.gov/sustainability/air-quality](http://www.slc.gov/sustainability/air-quality)

Let's all do our part for cleaner air!



# Celebrate the Legacy *by Giving*

**We are grateful** for your generosity in 2021 towards achieving our \$25,000 goal!

There are limited quantities of Centennial Thank-You gifts still available if you want to contribute to the Education Endowment. Get yours today!

- **Donate to the WMC Centennial Education Endowment Fund:** Create a lasting legacy at the University of Utah. Details on our website. Use this form to receive Thank-You gifts, or donate on-line.
- **Advertise in the Rambler:** If you or someone you know would like to reach our 1,000+ members plus hundreds of readers, email: [rambler@wasatchmountainclub.org](mailto:rambler@wasatchmountainclub.org)

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## Let us THANK YOU for Your Donation!

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

THANK-YOU GIFT	DONATION X NO. = SUBTTL		
CENTENNIAL EDUCATION ENDOWMENT FUND (WMC LOGO ITEMS)			
Embroidered Cent. Patch	\$5	X	=
Cent. Drink Coasters (2)	\$5	X	=
Cent. Koozie w/ Biner	\$5	X	=
Cent. Canvas Tote 14"x14"x4"	\$10	X	=
Cent. Reusable Silicone Cup	\$10	X	=
Ladies' Centennial T-shirt, Bright Blue			
__S __M __L __XL __2XL	\$20	X	=
Men's Centennial T-shirt, Charcoal Gray			
__S __M __L __XL __2XL	\$20	X	=
Cent. Journal Notebook	\$20	X	=
Cent. Baseball Cap, White	\$20	X	=
Cent. Baseball Cap, Green	\$20	X	=
Cent. Visor	\$20	X	=
Hiking the Wasatch, AUTOGRAPHED	\$30	X	=
Ski History of Utah AUTOGRAPHED	\$30	X	=
Donation (NO GIFT NEEDED)	PLEASE SPECIFY		=
SPONSORED PRODUCTS			
Sandal-toe Socks PAIR	\$5	X	=
Mini Cotton Towel	\$5	X	=
Neoprene Toe Warmers PAIR	\$10	X	=
Glacier Glove Head Cover	\$15	X	=
Buff® Neck Gaiter	\$15	X	=
Glacier Gloves PAIR	\$20	X	=
Heater Headband	\$20	X	=
Donation (NO GIFT NEEDED)	PLEASE SPECIFY		=
SHIPPING/HANDLING (if delivery is needed)			= \$5.00
DONATION GRAND TOTAL:			
MAIL FORM/CHECKS TO: WASATCH MOUNTAIN CLUB			\$ _____

**LIMITED QUANTITY**







**Be part of the 2022 Activity Challenge! Grab that centennial journal, notebook, or calendar, and track your WMC activity participation. The first 100 club members to participate in 100 posted club activities will receive a WMC “Activity Challenge” jacket.**

Here are a few rules:

- Starting January 1, 2022, start recording any activity you participate in that is posted on the WMC calendar.
- Any activity that is posted on the calendar will count. That includes club socials, membership meetings, singalongs, board meetings, boating permit parties, trainings, etc. If it's posted on the calendar (which means the activity is an approved WMC activity), it counts. No fair backdating an activity, or only give an hour notice! Stay within the spirit please.
- For multi-day activities, each day the activity is posted on the club calendar can be counted as a separate activity. You'll be doing something fun and different every day, right? If the travel day is included in the post, that counts too. It's an important “activity” of sharing resources, planning, and camaraderie.
- Take your time. All 100 activities do NOT have to be completed by the end of this year.
- Activities prior to 2022 do not count, EXCEPT the activities that enthusiastic clubbers recorded from January 1, 2020, through March 22, 2020, when the original Centennial Activity Challenge was launched.
- Once you record 100 activities (or 100 days of activities, if you participate in multi-day events), submit your documentation to the board. You will be highlighted in the Rambler, and you will get your prize at the next membership meeting.

The more club activities you participate in, the sooner you reach the goal. If you don't see an activity that suits you, jump in an organize or co-organize!



# 49<sup>th</sup> Annual Kings Peak Ski Tour

The 49<sup>th</sup> annual Kings Peak ski tour will be organized this year by Mike Berry and Steve Swanson. The outing will convene on Friday night (March 25<sup>th</sup>) for snow camping along the road to the Henrys Fork Campground. On Saturday, checking in at the Henrys Fork parking area before starting the ski tour and checking out at completion of the day are mandatory. Standard backcountry ski touring gear that you have been using all winter season is best. Essential equipment and supplies include high quality sunglasses, high SPF sunscreen, 2- 3 liters of water, a headlamp with fresh batteries, and for those planning to go above Gunsight- it is mandatory to carry a two-way radio or 'Spot' device. More information will be available later on the type of radios and the channel to use. Many skiers start before dawn (~5:00 am) and some may end after dark. We generally take the 'creek bed' route and NOT the Kings Peak summer trail. Everyone must follow the chosen ski route out and back for safety. Skiers may travel independently from the vehicles to the high basin and back. Elkhorn Crossing is a good, scenic MOD destination, 6.0 to 9.0 miles from the vehicles depending on access road plowing. Gunsight Pass, 4.5 miles farther up is an MSD destination. Typically, less than a third of participants go above the pass. We generally leave our skis below Gunsight Pass and climb the peak (if the weather is favorable) by booting up with Vibram-type soles. In that situation, leaving the ski poles and traveling with a light ice axe in self-belay mode can be more efficient for the two sections of 30 to 40 degree slopes (usually hard, wind-blown) ahead. Anyone attempting the peak (2.5 miles more) needs to be teamed-up with other participants (the 'buddy system') and should be starting across the traverse above Gunsight NO LATER than 12:30 pm. Mandatory turn-around time is 3PM, no matter where you are on the route.

Driving directions and more information can be obtained from Mike Berry, [mcber.ut@gmail.com](mailto:mcber.ut@gmail.com) (801) or Steve Swanson, [srswanson\\_581@hotmail.com](mailto:srswanson_581@hotmail.com) (801) 272-5750. If the weather is unfavorable (driving and/or mountain), a delay in the trip may be considered by the organizers until the 1<sup>st</sup> weekend in April. **Registration is required - see WMC Calendar for more details.**

*The blossoms have arrived, spring is in the air!*

**AND IT'S TIME TO BUY AND SELL HOMES!**

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# Activity Calendar

WMC members should stay informed on current COVID guidelines. Those who are not feeling well, whether COVID symptoms or other illness, should not participate in WMC activities. During a club activity, the use of face masks or carpooling is up to each individual, unless otherwise specified by the organizer. Organizers can opt for a group size they are comfortable with, except for the group size limit of 10 in wilderness areas.

Mar 1 Tue	<p>Evening Hike-millcreek-porter Fork – mod- – Out &amp; Back – Moderate pace  <i>Meet:</i> 5:45 pm at Park at Porter Fork trailhead in Millcreek canyon  <i>Organizer:</i> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>We will hike up about one hour up Porter Fork. It is dark when we start the hike so come prepared: Bring a working headlamp, extra insulation, wind/rain gear, water, and food. It is a prompt 5:45 pm departure. Please reach out to me ahead of the hike meeting time so I know to watch for you. Thank you.</p>
Mar 2 Wed	<p>Boating Season Planning Party  <i>Meet:</i> 6:00 pm at Sugarhouse Garden Center, 1602 E 2100 S, Salt Lake City, UT 84106  <i>Organizer:</i> Kelly Beumer 801-230-7967 kellybeumer@gmail.com</p> <p>This is our annual meeting where you will get a chance to share permits and non-permitted trip plans, as well as sign up to learn more about other people's trips. Please consider leading or co-leading a trip this year. We have lots of great resources to help you with this! We are going to try an indoor meeting this year, at the Sugarhouse Garden Center-- a large space with plenty of room for distancing. Dinner will be provided.. Questions? email Kelly or Dianne.</p>
Mar 3 Thu – Mar 6 Sun	<p>Motel Car Camp: Yellowstone Wolves, Wildlife, &amp; Winter Activities – ntd  <i>Meet:</i> Registration required  <i>Organizer:</i> Robert Turner, Julie Kilgore 801-560-3378, 801-244-3323 r46turner@gmail.com, jk@wasatch-environmental.com</p> <p>Join us for wildlife watching and general winter activities in the northeast corner of Yellowstone Park. Sightings of wolves, foxes, coyotes, bighorn sheep and eagles are common. We'll motel it in Gardiner, MT, where we have secured the entire bottom floor for group meals and socializing. We'll drive into the Park each day on the only road kept open in Yellowstone in the winter. Some will get going very early each morning (about 5:00am), while others can linger and mingle over breakfast. There are also lots of opportunities for cross country skiing and snowshoeing, so bring your skis or snowshoes if you want to enjoy some time trekking around in Yellowstone's spectacular winter wonderland. The drive to Gardiner in the winter is about 500 miles since we can't go through the Park to get there. Another option is to fly into Bozeman. e-mail Robert or Julie for more details, to register, and get instructions to reserve a room at the lodge.</p>
Mar 3 Thu	<p>Alpine Ski Tour - Millcreek Canyon Road – ntd- – Loop – Slow pace  <i>Meet:</i> 6:00 pm at Winter Parking Lot, Millcreek Canyon Road  <i>Organizer:</i> Steven Gadd 801-540-6622 swgadd10@gmail.com</p> <p>Ski up the Millcreek Canyon Road. This is not a backcountry ski tour. We'll ski up the road for 1 hour and then slide back to the trailhead. Alpine and Nordic gear will both work.</p>
Mar 3 Thu	<p>Evening Hike - Neff's Canyon – mod- – Out &amp; Back – Moderate pace  <i>Meet:</i> 5:45 pm at 4326 White Way, Salt Lake City, UT  <i>Organizer:</i> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>Meet at the trail-head for a one hour uphill hike. It is possible we will be hiking in the dark towards the end of the hike so bring a working headlamp, microspikes, extra insulation, wind/rain gear, water, and food. It is a prompt 5:45 pm departure. Please reach out to me ahead of the hike meeting time so I know to watch for you. Thank you.</p>
Mar 5 Sat	<p>Snowshoe (or Hike) - Location Tba – mod+ – Moderate pace  <i>Meet:</i> Registration required  <i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 4, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>



Mar 5 Sat	<p>A Morning Leisurely Hike. Ntd – ntd – Out &amp; Back – Slow pace  <i>Meet:</i> 9:00 am at Mount Olympus Trailhead (5432 Wasatch Blvd, Holladay, UT)  <i>Organizer:</i> Bruce Christenson 801-824-0131 b.c.com@hotmail.com</p> <p>The Mt. Olympus trail to the stream crossing is a good conditioning hike for the start of the hiking season. At a slow pace, one and a half hours to the stream crossing to regroup then down to the CCC camp site for a snack away from the busy trail after which we will cut off on the Bonneville Shore Line trail for a loop on the last leg of the hike. If the trail is muddy we will reschedule.</p>
Mar 5 Sat	<p>Hike - Bair Canyon - Kaysville – ntd – 2.0 mi Loop – 1,200' ascent – Moderate pace  <i>Meet:</i> 9:30 am at 300 South 1800 East, Fruit Height, Utah  <i>Organizer:</i> Steven Gadd 801-540-6622 swgadd10@gmail.com</p> <p>Bair Canyon is located just North of the FFA Radar Towers in Davis County. Planning to hike 1 hour up to the 3rd stream crossing and then back to the trail head. Traction devices are required for the icy trail. Most of the trail is in the shadows, so dress appropriately.</p>
Mar 6 Sun	<p>Snowshoe (or Hike) - Wanrhodes Mt, Springville – msd- – 10.0 mi – 3,000' ascent – Moderate pace  <i>Meet:</i> Registration required  <i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe or hike to Wanrhodes Mt (7,853 ft) via Days Canyon in Springville, weather, conditions and situation permitting. Please bring 10 Es, microspikes, and snowshoes. If there is not enough snow for snowshoeing, we will hike. Avalanche safety gear (beacon, probe and shovel) not required. There is a trail, except the last part to the peak. The last off-trail part is very steep. Please email before Friday, 6 pm, March 4, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 7 Mon	<p>Final Jack's Mountain Foothills Flashlight Hike And Post-hike Social – ntd+ – Out &amp; Back – Moderate pace  <i>Meet:</i> 5:45 pm at From Foothill Boulevard, go east at the light for 2100 South, which becomes Hyland Hills Road as it winds uphill above Foothill and Wasatch drives. At the very top, turn left on Lakeline and drive north 0.3 mile to the cul-de-sac. The trailhead is a gate.  <i>Organizer:</i> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>The time changes next Sunday, so this is the last week we will be hiking under the cover of darkness! Come out for the last of our weekly winter jaunts up and down these steep routes along the ridge behind the "H" rock. If there is snow on the foothills, yak trax, micro spikes or other studded footwear will be needed. There won't be much darkness now, but it may still be cool and dark so bring a headlamp and dress in layers. Dogs ok. We'll reconvene at the Bombay House for an optional post-hike celebration that spring will be here soon!</p>
Mar 8 Tue	<p>Social - Virtual Book Club  <i>Meet:</i> 5:30 pm at ZOOM  <i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>Sierra Club Huron Valley Group Book Club in Michigan, which focuses on environmental issues, welcomes participants from Utah. Participants do not need to be members of Sierra Club. The format will be hybrid most likely - some participants will meet in-person in Ann Arbor, Mi while others will be on ZOOM. The March book is Great Lakes for Sale: Updated Edition, by Dave Dempsey. The meeting will be on March 8 Tuesday from 5:30 pm to 6:30 pm MST. If you would like to participate, please contact Akiko for the ZOOM access information.</p>
Mar 8 Tue	<p>On-line Organizers Planning Session For March/april Activities  <i>Meet:</i> 6:30 pm at The Zoom link will be posted before the event, and distributed via email  <i>Organizer:</i> Activity Directors and Coordinators info@wasatchmountainclub.org</p> <p>Join your activity director, coordinators and seasoned organizers for this on-line activity planning session for March/April calendar postings. We'll go over the WMC website resources, where to find forms, share destination ideas, post some activities, maybe partner up co-organizers, how to submit sign up sheets, a trip report, and/or any other topics of interest.</p>
Mar 8 Tue	<p>Evening Hike-bells Canyon To First Waterfall – mod- – Out &amp; Back – Moderate pace  <i>Meet:</i> 5:45 pm at Park at Bells Canyon parking lot. The one with the bathroom.  <i>Organizer:</i> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>We will hike up about one hour up Bells Canyon to the first waterfall. There is daylight at the start the hike but come prepared: Bring a working headlamp, extra insulation, wind/rain gear, water, and food. It is a prompt 5:45 pm departure. Please reach out to me ahead of the hike meeting time so I know to watch for you. Thank you.</p>
Mar 9 Wed	<p>Wmc Board Meeting  <i>Meet:</i> 7:00 pm at See agenda for Zoom meeting info or WMC Office - 1390 S 1100 E Suite 103  <i>Organizer:</i> Julie Kilgore 801-244-3323 president@wasatchmountainclub.org</p> <p>Monthly Board Meeting. Members are welcome to attend. Members wishing to bring topics to the Board's attention should email the President 7 days prior to the meeting.</p>
Mar 10 Thu	<p>Evening Hike - Emigration Little Dell Divide – mod- – Out &amp; Back – Moderate pace  <i>Meet:</i> 5:45 pm at Meet at the little mountain summit at the top of Emigration Canyon.  <i>Organizer:</i> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>Prompt 5:45pm departure from the gas plant at the little mountain summit parking lot. We will hike along the ridge between Emigration canyon and Little Dell reservoir. Please come prepared with a working flashlight, extra insulation, wind/rain gear, water, and food. You should also have microspikes or other traction devices along just in case! Please reach out to me ahead of the hike meeting time so I know to watch for you and for more details if you are new to evening hikes or have not hiked with me previously. Thank you.</p>





Mar 12 Sat	<p>Snowshoe (or Hike) - Location Tba – mod+ – Moderate pace  <b>Meet:</b> Registration required  <b>Organizer:</b> Akiko Kamimura    kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 11, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 12 Sat – Mar 13 Sun	<p>Canyoneering Training-indoors  <b>Meet:</b> Registration required  <b>Organizer:</b> Shane Wallace 801-400-6372 shaneswallace@gmail.com  Go here to attend: <a href="https://www.meetup.com/Wasatch-Mountain-Club/events/283693250/">https://www.meetup.com/Wasatch-Mountain-Club/events/283693250/</a></p>
Mar 13 Sun	<p>Snowshoe (or Hike) - Location Tba – mod+ – Moderate pace  <b>Meet:</b> Registration required  <b>Organizer:</b> Akiko Kamimura    kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 11, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 15 Tue	<p>Evening Hike - Ides Of March - Mt Olympus – mod-  <b>Meet:</b> 5:45 pm at Mount Olympus Trailhead (5432 Wasatch Blvd, Holladay, UT)  <b>Organizer:</b> Robert Stuercke 720-289-8798 bobstuercke@gmail.com</p> <p>No need to beware the Ides of March here! We will hike up Mt Olympus for an hour to the first stream crossing. We will be hiking in the dark so come prepared: Bring a working headlamp, microspikes, extra insulation, wind/rain gear, water, and food. There will be a prompt 5:45 pm departure. Please reach out to me ahead of the hike meeting time so I know to watch for you also for more details if you are new to evening hikes. Toga optional.</p>
Mar 15 Tue	<p>Evening Ski-millcreek Canyon Road – mod – Out &amp; Back – Moderate pace  <b>Meet:</b> 6:00 pm at Millcreek Canyon Road – Meet at the gate.  <b>Organizer:</b> Cheryl Krusko 801-554-7833 ckrusko@gmail.com</p> <p>Plan to meet at the top of the Millcreek Canyon Road for a ski up towards the Alexander Basin trailhead. No need to register. Just meet at the gate and be ready to ski by 6pm. Doggies Welcome!!</p>
Mar 16 Wed	<p>Nordic Ski Tour: Henrys Fork – mod+ – 12.0 mi Out &amp; Back – 1,000' ascent – Moderate pace  <b>Meet:</b> Registration required  <b>Organizer:</b> Michael Berry 801-750-1915 mcber.ut@gmail.com</p> <p>This is a 'trail-breaking' trip to prepare for the Kings Peak tour on March 26th. We will put in a track or pack down an existing track up the creek bed beyond the wilderness boundary up to Elkhorn Crossing. The opening just past Elkhorn Crossing gives a wonderful view of Kings Peak. This can be a stand-alone trip to experience the wonders of the creek bed tour section in a relaxed, no pressure environment. We generally pick a blue-bird day as an added bonus. The general plan is to meet at 5:45 am for a 6:00 am departure from Salt Lake City. The skiing will begin at approximately 9:30 am from the parking area and finish by 4:30 pm. Expect to be treated to a moon rise by the time we return to the vehicles. We would expect to be back in Salt Lake City by 7:30 or 8:00 pm. If the weather forecast looks unfavorable, we will shift the date by one or two days. If you would like to drive up and meet at the trailhead, call for directions from Mountain View, WY to the trailhead. Snowshoes OK.</p>
Mar 17 Thu	<p>St. Patricks Day Evening Hike - Emigration Mountain Southwest – mod-  <b>Meet:</b> 5:45 pm at Meet at the little mountain summit at the top of Emigration Canyon.  <b>Organizer:</b> Robert Stuercke 720-289-8798 bobstuercke@gmail.com</p> <p>No guarantee of a pot of gold at the end of this hike, but then again you never know. Prompt 5:45pm departure from the gas plant at the little mountain summit parking lot. We will hike along the ridge to the southwest. We will be hiking in the dark. Please come prepared with a working flashlight, extra insulation, wind/rain gear, water, and food. You should also have microspikes or other traction devices along just in case! Please reach out to me ahead of the hike meeting time so I know to watch for you and for more details if you are new to evening hikes or have not hiked with me previously. WEAR GREEN!</p>
Mar 19 Sat	<p>Broad Fork Snowshoe – mod – 5.0 mi Out &amp; Back – 2,200' ascent – Moderate pace  <b>Meet:</b> 9:15 am at Butler Elementary - 7080 S 2700 E, Cottonwood Heights, UT  <b>Organizer:</b> Michael* Budig mbudig@mail.com</p> <p>Snowshoe with Michael and Dianne Budig up Broad Fork to the spectacular meadow overlook. Plan to meet at 9:15 for a departure at 9:30 sharp. Please address questions by email to: mbudig@mail.com</p>



Mar 19 Sat	<p>Snowshoe (or Hike) - Salt Benchmark, Nephi – msd- – 10.0 mi – 5,200' ascent – Moderate pace</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) to Salt Benchmark (9,997 ft), also known as Salt Creek Peak, in Nephi, weather, conditions and situation permitting. Salt Benchmark is the highest peak in the San Pitch Mountain range and is one of the Utah prominence peaks. We will take a winter route to make this peak. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is not required or optional. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 18, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 20 Sun	<p>Snowshoe (or Hike) - Location Tba – mod+ – Moderate pace</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 18, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 22 Tue	<p>Evening Hike - Lake Blanche – mod- – Out &amp; Back – Moderate pace</p> <p><i>Meet:</i> 5:45 pm at Meet at the trailhead located at the "S" curve in Big Cottonwood Canyon</p> <p><i>Organizer:</i> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>Meet at the BCC "S" curve parking area for a prompt 5:45pm departure. Please come prepared: Bring a working headlamp, microspikes, extra insulation, wind/rain gear, water, and food. Please reach out to me ahead of the hike meeting time so I know to watch for you. Thank you.</p>
Mar 24 Thu	<p>Alpine Ski Tour - Millcreek Canyon Road – ntd- – Loop – Slow pace</p> <p><i>Meet:</i> 6:00 pm at Winter Parking Lot, Millcreek Canyon Road</p> <p><i>Organizer:</i> Steven Gadd 801-540-6622 swgadd10@gmail.com</p> <p>Ski up the Millcreek Canyon Road. This is not a backcountry ski tour. We'll ski up the road for 1 hour and then slide back to the trailhead. Alpine and Nordic gear will both work.</p>
Mar 25 Fri – Mar 26 Sat	<p>Nordic Ski Tour: Kings Peak – msd – 32.0 mi Out &amp; Back – 4,500' ascent – Fast pace</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Michael Berry 801-750-1915 mcber.ut@gmail.com</p> <p>The Swanson Brothers 49th annual Kings Peak ski tour will be organized this year by Mike Berry and Steve Swanson. The outing will convene on Friday night (March 25th) for snow camping along the road to the Henrys Fork Campground. On Saturday, checking in at the Henrys Fork parking area before starting the ski tour and checking out at completion of the day are mandatory. Standard backcountry ski touring gear that you have been using all winter season is best. Essential equipment and supplies include high quality sunglasses, high SPF sunscreen, 2- 3 liters of water, a headlamp with fresh batteries, and for those planning to go above Gunsight- it is mandatory to carry a two-way radio or 'Spot' device. More information will be available later on the type of radios and the channel to use. Many skiers start before dawn (~5:00 am) and some may end after dark. We generally take the 'creek bed' route and NOT the Kings Peak summer trail. Everyone must follow the chosen ski route out and back for safety. Skiers may travel independently from the vehicles to the high basin and back. Elkhorn Crossing is a good, scenic MOD destination, 6.0 to 9.0 miles from the vehicles depending on access road plowing. Gunsight Pass, 4.5 miles farther up is an MSD destination. Typically, less than a third of participants go above the pass. We generally leave our skis below Gunsight Pass and climb the peak (if the weather is favorable) by booting up with Vibram-type soles. In that situation, leaving the ski poles and traveling with a light ice axe in self-belay mode can be more efficient for the two sections of 30 to 40 degree slopes (usually hard, wind-blown) ahead. Anyone attempting the peak (2.5 miles more) needs to be teamed-up with other participants (the 'buddy system') and should be starting across the traverse above Gunsight NO LATER than 12:30 pm. Mandatory turn-around time is 3PM, no matter where you are on the route. Driving directions and more information can be obtained from Mike Berry, mcber.ut@gmail.com (801) or Steve Swanson, srs swanson_581@hotmail.com (801) 272-5750. If the weather is unfavorable (driving and/or mountain), a delay in the trip may be considered by the organizers until the 1st weekend in April.</p>
Mar 26 Sat	<p>Snowshoe (or Hike) - Location Tba – mod+ – Moderate pace</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 25, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>





Mar 27 Sun	<p>Snowshoe (or Hike) - Location Tba - mod+ - Moderate pace  <b>Meet:</b> Registration required  <b>Organizer:</b> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Whether avalanche safety gear (beacon, probe and shovel) is required, not required or optional will be determined based on the location, conditions and weather. Most likely, we will pick the location where avalanche safety gear is optional or not required. I have an extra set of avalanche safety gear if someone wants to practice/use. Please email before Friday, 6 pm, March 25, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. COVID-19 protocols will apply.</p>
Mar 27 Sun	<p>Hike - Mount Olympus Trail To The Tolcat's Stream Crossing - ntd+ - 3.5 mi Out &amp; Back - 1,500' ascent  <b>Meet:</b> 8:30 am at Mount Olympus Trailhead (5432 Wasatch Blvd, Holladay, UT)  <b>Organizer:</b> David Andrenyak 801-907-1325 andrenyakda@aim.com</p> <p>The lower section of the Mount Olympus trail has great views of steep rocky slopes, impressive cliff bands and interesting rock formation. During the spring, there is an interesting waterfall looking south as the trail goes into Tolcat's canyon. We will also pass through a area where there are beautiful juniper trees. Maybe, some early spring flowers will be in bloom. In addition to the hike, we will collect and haul out trash as part of the Wasatch Mountain Club commitment to the Adopt a trail service project. Please bring work gloves. The recent reroute of the beginning trail section has improved the hiking experience. Still, this NTD+ hike has other steep sections. Please send me an email if you plan to attend. The hike distance is for the round trip.</p>
Mar 28 Mon	<p>Multi-activity Event: Wmc Blood Drive, Red Cross 2-8 Pm March 28, 2022  <b>Meet:</b> 2:00 pm at Address: 6616 S. 900 E., Salt Lake City, UT, 84121 Room Name: Cottonwood Rooms  <b>Organizer:</b> Anthony Hellman 801-809-6133 utahhomes4us@gmail.com</p> <p>The WMC Centennial BloodDrive efforts continue the tradition of the WMC core values of contributing to the community by "Giving the gift of Life". We are at 325 pints and hope to reach 500 by the Centennial celebration.</p>
Mar 28 Mon	<p>Evening Hike - Dragon's Tail - mod- - 2.5 mi Out &amp; Back - 1,500' ascent - Moderate pace  <b>Meet:</b> 5:45 pm at Grandeur Peak Trailhead (2910 S Wasatch Blvd, SLC, UT)  <b>Organizer:</b> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>There are a few routes up the west side of Grandeur. This one is less traveled, but just as steep! We'll pass by a couple of the old limestone quarries and an old single-track rail line, as we make our way up approximately 1 hour to the prominent band of limestone cliffs that is so apparent as you drive east on I-80. This is a very steep hike, with some small loose rocks and gravel as we approach the cliffs.</p>
Mar 31 Thu - Apr 19 Tue	<p>Trek - Central South America's Golden Three Expedition - mod+ - 10.0 mi Out &amp; Back - 10,000' ascent - Slow pace  <b>Meet:</b> Registration required  <b>Organizer:</b> Frank Nederhand 678-488-3228 franka.nederhand@gmail.com</p> <p>initial payment due 3-31-2022: Itinerary: August 24, 2022, through September 11, 2022 Looking for Volunteers to join an Expedition to South Central America's iconic three golden destinations: Peru's Machi Pichu, Lake Titicaca and Bolivia's Salar de Uyuni in preparation to climbing two to three Volcanos near to or over 6,000 meters (19,685 ft) in Bolivia. This expedition is front loaded so that non-mountain climbers can participate in the beginning but not required to continue to the mountain climbs at the end. To make this expedition feasible there is a minimum and maximum number of participants needed (4 to 8 slots with two taken one by me and one by a climbing partner friend leaving 2 to 6). Because of the logistics and costs involved a financial commitment to our south American Guide (a personal friend who has not had substantial work in over two years) in a partial-refundable sum of 500USD is required by 3-31-2022 to reserve a spot on the expedition team. First Come First served. The total cost for each participant depends on the total number participating especially on the front end (Cusco, Peru is expensive to visit), currently the front end plus one volcano (Licancabur) is 3000USD with an additional amount to be determined if combined with the Sajama climb added at the back end, an 8-person minimum. The climbing only portion will be in the order or 2000USD with a four-person minimum (we meet in La Paz, Bolivia in this case). Full payment for the expedition will be required by the end of June 2022 with no refund after July 15, 2022. Peru - Bolivia Climbing Expedition List of volcanos to be climbed Volcano Name Summit Elevation Alpine Elev. gain Difficulty rating 1 Uturuncu, Bolivia 6020 m 800 m PD- 2 Licancabur, Bolivia 5960 m 1,600 m F 3 Sajama, Bolivia 6542 m 1942 m (two days) AD- I recommend flying from Atlanta, Georgia to Lima Peru, currently flights are reasonable during the expedition start/end dates, but this can change at any time.</p>
Mar 31 Thu	<p>Evening Hike - Road To Elbow Fork To Pipeline Trail - mod- - Loop - Moderate pace  <b>Meet:</b> 5:45 pm at Meet at the Burch Hollow trailhead in Millcreek Canyon  <b>Organizer:</b> Sue Baker 801-201-2658 laughinglarkspur@gmail.com</p> <p>Prompt 5:45pm departure. We will head up the road to Elbow Fork and take the pipeline trail back to the Burch Hollow trail-head. Please come prepared: Bring a working headlamp, microspikes, extra insulation, wind/rain gear, water, and food. Please reach out to me ahead of the hike meeting time so I know to watch for you. Thank you.</p>
Apr 2 Sat	<p>Pre-season Bike Maintenance Clinic And Ride  <b>Meet:</b> 10:00 am at 2410 West California Avenue  <b>Organizer:</b> Robert Turner and Cecil Goodrick 801-560-3378 r46turner@gmail.com, bikingdirector@wasatchmountainclub.org</p> <p>Spring is just around the corner, or maybe here already! Join current and former biking directors for this pre-season bike maintenance clinic, followed by a road bike along the Jordan River Parkway to check out the new Three Rivers Confluence Park where Red Butte, Emigration, and Parleys spill into the Jordan River.</p>



Apr 6 Wed	<p>Wmc Board Meeting  <i>Meet:</i> 7:00 pm at See agenda for Zoom meeting info or WMC Office - 1390 S 1100 E Suite 103  <i>Organizer:</i> Julie Kilgore 801-244-3323 <a href="mailto:president@wasatchmountainclub.org">president@wasatchmountainclub.org</a>  Monthly Board Meeting. Members are welcome to attend. Members wishing to bring topics to the Board's attention should email the President 7 days prior to the meeting.</p>
Apr 8 Fri - Apr 10 Sun	<p>Yellowstone Hike-paced Bike Ride – ntd – 40.0 mi Out &amp; Back – Slow pace  <i>Meet:</i> Registration required  <i>Organizer:</i> Julie Kilgore 801-244-3323 <a href="mailto:jk@wasatch-environmental.com">jk@wasatch-environmental.com</a>  Join this annual pre-season road bike trek into Yellowstone the weekend before the park is open to cars. The park service is preparing for the season so the roads will be plowed, but being flexible is key. Plan A is a SLOW MEANDERING bike ride from West Yellowstone to Gibbon Falls, intentionally taking about 4 hours for the 40-mile round trip. Plan B will be dictated by whatever Mother Nature is dishing out that morning. Come prepared for every combination of sun/snow/rain/wind/hot/cold. Base camp is the Kilgore Kompond in Island Park. Because of the limited space, RSVP priority will be given to WMC members.</p>
Apr 15 Fri - Apr 18 Mon	<p>Escalante State Park Car Camp – ntd+  <i>Meet:</i> Registration required  <i>Organizer:</i> John or Martha Veranth 801-278-5826 <a href="mailto:veranth@xmission.com">veranth@xmission.com</a>  Easter weekend base camp at Escalante Petrified Forest State Park using the group site. We will be following appropriate COVID safety protocols. Day hikes from nearby trailheads will be coordinated each day with destination and difficulty depending on participant interests. Sunday morning sunrise hike for those interested. Secular, but seder-themed group pot-luck dinner Saturday night, other meals on your own. This is a very civilized site with toilets and showers and only two miles into town. We have the campsite from Friday night through Sunday night. \$20 per person deposit required to register. Limit is 25 participants / 14 vehicles.</p>
Apr 23 Sat	<p>Mountaineering Snow Skills Practice – ntd+  <i>Meet:</i> Registration required  <i>Organizer:</i> Mark Maier 703-408-6912 <a href="mailto:maiermw@gmail.com">maiermw@gmail.com</a>  We will meet and practice basic mountaineering snow skills. In the morning we will cover movement with and without crampons, ice axe self arrest, snow anchoring, and roped movement. After lunch we will review crevasse rescue for 3+ person teams. The emphasis will be on group practice of core skills at a beginner through intermediate+ level. The organizer will demonstrate all skills and a step-by-step approach to learning them, but there will be limited opportunities for one-on-one coaching, most practice will be in student groups. All attendees must have boots, ice axe, harness, helmet, crampons, and some carabiners. A limited number of ice axes will be available from the club. Date is subject to change based on conditions and availability of the area. Request registration with a brief summary of your experience in snow climbing.</p>
Apr 23 Sat - Apr 24 Sun	<p>Protect Wilderness Areas In The San Rafael Swell  <i>Meet:</i> Registration required  <i>Organizer:</i> Will McCarvill 801-694-6958 <a href="mailto:will@commercialchemistries.com">will@commercialchemistries.com</a>  The mammoth Sids Mountain Wilderness in the San Rafael was cut into 3 chunks during the designation process. I would like to get the southern portions surveyed on the ground to verify motor vehicle trespass. Through armchair surveys of boundaries using Google Earth I have identified problem areas. I have loaded this into GAIGPS for navigation and photo documentation into iPhones and iPads. Ok this sounds complicated, but it really works and is really easy to use in the field. A 4X4 will follow the boundary route and photos taken with the iPads will document the problem sites. You will see amazing landscapes. We will camp where significant boundary roads come together. I have one problem, folks who have helped me with this project in the past are already signing up. Right now I need one more 4X4 and can take two more navigator/crew members. As usual, I plan on a workday Saturday and a play day Sunday. I am being really greedy on how much we can get done.</p>
Apr 30 Sat	<p>New Member Spring Multi-sport And Social  <i>Meet:</i> 12:00 pm at Hidden Valley Park Pavilion at 2860 Wasatch Boulevard in Sandy. The Social will start at noon. Watch for individual activity postings for optional pre-social activity start times.  <i>Organizer:</i> Tonya Karren or Petra Brittner 801-493-9199 <a href="mailto:socialdirector@wasatchmountainclub.org">socialdirector@wasatchmountainclub.org</a>  Are you new, newish, or renewed to the WMC and want more information about how to engage? Join some current and former WMC board members, coordinators, and activity organizers to sample a WMC activity, followed by a picnic at Noon, sharing of club information and resources, and answer questions. We'll have soup and sandwiches on hand. Bring your own meal or a dish to share if you would like.</p>
Apr 30 Sat - May 1 Sun	<p>Protect Wilderness Areas In The San Rafael Swell  <i>Meet:</i> Registration required  <i>Organizer:</i> Will McCarvill 801-694-6958 <a href="mailto:will@commercialchemistries.com">will@commercialchemistries.com</a>  After the field wilderness boundary surveys and documentation of vehicle trespass, I write a report to the Price BLM office with suggested remediation like barriers, signs and camouflage. I send all my Google Earth files so we can each see the problem areas. We work up a plan and it becomes a service trip. We will be remediating the Little Ocean Draw wilderness area. It is located a bit north of Goblin Valley and was never a wilderness study area before being designated wilderness. We will dry camp and work on Saturday and play on Sunday. I need 5-8 folks who want to enjoy a weekend in the San Rafael Swell.</p>

**More activities will likely be added to the on-line calendar. Check [wasatchmountainclub.org/calendar](https://wasatchmountainclub.org/calendar) for updates, and join the activity email list for short notice postings.**



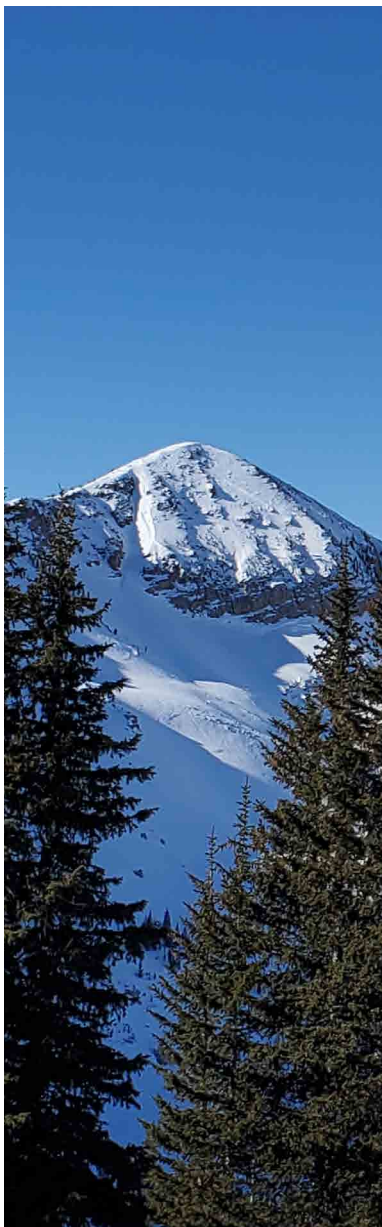


MAY 13 FRI	<b>WMC CENTENNIAL+2 BIRTHDAY BASH</b> <b>MEET: REGISTRATION REQUIRED</b> <b>ORGANIZER: CENTENNIAL BIRTHDAY BASH COMMITTEE 801-463-9842 INFO@WASATCHMOUNTAINCLUB.ORG</b> <b>WORLD-WIDE CIRCUMSTANCES SHUT DOWN THE GRAND PLANS FOR OUR CENTENNIAL BIRTHDAY BASH IN 2020. WE HAVE OUR FINGERS CROSSED THAT WE CAN PULL IT OFF THIS YEAR. PARTY PLANS ARE IN THE WORKS AT THE NATURAL HISTORY MUSEUM FOR THE EVENING FRIDAY MAY 13TH, SO MARK YOUR CALENDARS FOR THIS SPECIAL BELATED CELEBRATION! WATCH THE CALENDAR FOR MORE DETAILS AND RSVP INSTRUCTIONS AS THE PLANS UNFOLD.</b>
May 20 Fri – May 22 Sun	<b>Beginning White Water Boating – class II+ – 8.0 mi</b> <b>Meet:</b> Registration required <b>Organizer:</b> Kelly Beumer kellybeumer@gmail.com Swasey's Beach BOATING Class-II III Besides being a fun river trip this trip introduces you to WMC Boating trips. On a commercial boating trip the Guides do everything for you (inflate the boats, make the meals, guide you down the river, ...) but on Club trips there are no paid guides. Hence everybody on the trip contributes to completing the tasks that need to be done. Club members will share with you what they know about running rivers. This should include how to "read the river", throw a throw bag, right a flipped raft, paddle a paddle boat/paddle a duckie (inflatable kayak)/row an oar rig, what it's like to swim a rapid, and other safety skills. Non-river skills you will learn about are what personal gear works well on river trips, how to make group meals using the WMC Boating's kitchen, what gear the club owns (and is available for cheap private rentals when it's not being used on a club trip). This trip is done on the Green River Daily. That's the stretch of the Green River that's just North of the town of Green River. It's also the last part of a Deso-Grey Canyon river trip. We will be camping in Green River at the State park For information, contact kellybeumer@gmail.com or Dianne, pdbudig@gmail.com
Jun 19 Sun – Jun 21 Tue	<b>Maple Grove: Camp, Hike, Fish, And Rock Climb</b> <b>Meet:</b> 2:00 pm at REGISTRATION VIA EMAIL IS REQUIRED. Directions: From Scipio, Utah, take U.S. 50 south. Turn west at Maple Grove Campground sign/Forest Road 101 at milepost 146. Travel 4 miles to the campground. <b>Organizer:</b> Kathleen Waller 801-859-6689 kathwaller79@gmail.com Maple Grove Campground sits in Fishlake National Forest in central Utah (about 2hrs south from SLC). The campground sits beneath towering red cliffs and offers scenic views of the valley below. Thick stands of maple, cottonwood, box elder, oak and pine provide plentiful shade. The 3.2-mile Rock Canyon Trail begins in the campground and leads to the top of the Pahvant Range. Campers enjoy fishing for rainbow trout in Ivie Creek running through the campsite. Group site B can accommodate up to 13 vehicles (RVs up to 30ft) and 56 people. Check in and check out are 2pm. No hookups. Pets and kids allowed. Participants can expect to financially support the cost of the reserved group site (total is \$70 per night and reserved for 2 nights).
Jun 27 Mon	<b>Multi-activity Event: Wmc Blood Drive, Red Cross 2-8 Pm June 27, 2022</b> <b>Meet:</b> 2:00 pm at Address: 6616 S. 900 E., Salt Lake City, UT, 84121 Room Name: Cottonwood Rooms <b>Organizer:</b> Anthony Hellman 801-809-6133 utahhomes4us@gmail.com The WMC Centennial BloodDrive efforts continue the tradition of the WMC core values of contributing to the community by "Giving the gift of Life". We are at 325 pints and hope to reach 500 by the Centennial celebration.
Jul 5 Tue – Jul 9 Sat	<b>Mountaineering - Mt Rainier – ext</b> <b>Meet:</b> Registration required <b>Organizer:</b> Akiko Kamimura kamimura@umich.edu We plan to do a 2-day climb to Mt Rainier (14,411 ft), the highest mountain in Washington State, via the Disappointment Cleaver (DC) route. While the climb will take only 2 days, the trip schedule will be from July 5th (arrival) to July 9th or 10th (departure) so we will be able to adjust the climbing dates based on the weather and conditions. Climb Day 1: from Paradise TH to Camp Muir (4.5 miles, 4,500 ft gain). Stay at Camp Muir. Climb Day 2: From Camp Muir to the summit (9 miles RT, 4,500 ft gain/loss) & from Camp Muir to Paradise TH. The DC route is not considered technical. But participants must: 1) have stamina to hike 6 hours with a heavy pack on Day 1 and 13 hours on Day 2; 2) not have a history of altitude sickness - ideally have done a 14er(s) without having altitude sickness; 3) be willing to buy/rent necessary individual gear if necessary - we already have most of the group gear; and 4) have at least basic mountaineering skills (e.g. how to use crampons, ice axe etc) and be willing to participate in workshops/ practice if they have not learned skills for glacier travel and crevasse rescue - there will be mountaineering workshops as well as practice sessions. For more details, please contact the organizer (please include your current fitness level and mountaineering experience). Limit 8. WMC members only. Co-organized with David Baumann.
Jul 21 Thu – Jul 22 Fri	<b>Day Hikes - Co 14ers In The Sawatch Range – msd – Moderate pace</b> <b>Meet:</b> Registration required <b>Organizer:</b> Akiko Kamimura kamimura@umich.edu We plan to make class 2 CO 14ers in the Sawatch Range. The planned schedule is: July 20 W Road Trip. July 21 Thu Belford (14,197 ft) - Oxford (14,153 ft) combined (9.8 RT, 5,967 ft gain). July 22 F Columbia (14,075 ft), Huron (14,003 ft) or Princeton (14,197 ft). July 23 Sat Road trip. The schedule may change depending on weather and conditions. Due to a high possibility of afternoon thunderstorm in CO, we will start a hike very early. The hikes will be exploratory. WMC members only. For more details, please contact the organizer.

More activities will likely be added to the on-line calendar. Check [wasatchmountainclub.org/calendar](https://wasatchmountainclub.org/calendar) for updates, and join the activity email list for short notice postings.



Jul 23 Sat - Jul 25 Mon	<p>Hike - Car Camp &amp; San Luis Peak (14,014 Ft) In Co - msd- - 12.0 mi - 3554' ascent - Moderate pace</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Akiko Kamimura kamimura@umich.edu</p> <p>We plan to summit San Luis Peak (14,014 ft) in Colorado. While the distance is relatively long (12 miles), the peak is one of the easiest CO 14ers (class 1). The hardest part may be getting to the TH (the road is very remote.) Due to a high possibility of afternoon thunderstorm in CO, we will start a hike very early. The planned schedule is: July 23 Sat Road trip. July 24 Sun (Pioneer Day) Hike. July 25 M (holiday for some people) Road trip. We will camp at the TH. No fee for camping. The schedule may change depending on weather and conditions. This hike will be exploratory. WMC members only. For more details, please contact the organizer.</p>
Aug 2 Tue - Aug 5 Fri	<p>White Water Rafting-gates Of Lodore - class III+ - 45.0 mi - 555' ascent</p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Bob Cady 801-274-0250 rcady@xmission.com</p> <p>I finally was able to get a Gates of Lodore permit (Green River through Dinosaur National Monument) launching this summer. Anyone interested in coming?</p>
Aug 22 Mon	<p>Multi-activity Event: Wmc Blood Drive, Red Cross 2-8 Pm, Aug 28, 2022</p> <p><i>Meet:</i> 2:00 pm at Address: 6616 S. 900 E., Salt Lake City, UT, 84121 Room Name: Cottonwood Rooms</p> <p><i>Organizer:</i> Anthony Hellman 801-809-6133 utahhomes4us@gmail.com</p> <p>The WMC Centennial BloodDrive efforts continue the tradition of the WMC core values of contributing to the community by "Giving the gift of Life". We are at 325 pints and hope to reach 500 by the Centennial celebration.</p>



## Outdoors & Indoors!

When it comes to outdoor activities the Wasatch Mountain Club is for you, but when you are ready for indoor change give Knick a call for your real estate needs.

**Knick Knickerbocker, GRI**  
**(801) 891-2669**  
**knick.sold@comcast.net**



**Don't forget to volunteer to organize your favorite outdoor activity for the Wasatch Mountain Club!**



1414 E. Murray Holladay Rd  
Salt Lake City, UT 84117





# Activity **'How to'** Guide

## How to Sign-up for an Activity

### Step 1

Visit our Website

wasatchmountainclub.org  
Click on 'Calendar' Button  
to view all the activities

### Step 2

Select an Activity

Click on the activity you  
want to do and review  
description and registration  
requirements

### Step 3

Register for the Activity

If registration is required,  
email the organizer. Show  
up and have a great time!

*Note: Non-members are welcome to sign-up for activity to experience the WMC*

## How to Sign-up for Email Activity Alerts

### Step 1

Visit our Website / Log-on

wasatchmountainclub.org  
Log on to the website and  
click on the 'Members'  
button

### Step 2

Select Email List

Click on 'Email List  
Subscribe / Unsubscribe  
Button

### Step 3

Select your Activities

Check / select the  
activities you wish to  
receive email alerts of  
new activities. Click on  
'Update Subscriptions'  
button to record your email  
preferences

## How to Organize an Activity

### Step 1

Visit our Website  
wasatchmountainclub.org

Log on to the website  
and click on the  
'Members' button

### Step 2

Complete the Activity  
Description  
Click on the  
'Volunteer to Organize  
an Activity' button  
and fill-out the  
activity description  
/ details. Submit for  
approval

### Step 3

Activity Approval

After you submit the  
activity, it can take  
2-3 days for approval  
and addition to the  
calendar. You will  
receive an email  
confirming activity is  
approved. You are  
ready to go!

### Step 4

Sign-up Sheet

Download the sign-  
up sheet from the  
website. Have all  
participants sign  
in. After the activity,  
upload the activity  
to the website (3  
easy steps via  
cellphone)



# Boating Directors' Message

**Our Annual Planning Party and  
Pizza Dinner is coming up!**

Sugarhouse Garden Center, 1602 E  
2100 S. Sugarhouse Park

**March 2, 6:00-8:00**

Bring your river dishes, and we will  
provide the pizza and salad.

Tell us about any permits or trips you  
want to share with the group, and we  
will have a sign up sheet ready for you.





# Thank You!

## January 2022 Trip Organizers

*We appreciate you for your leadership, energy, and time for organizing amazing activities for our members*

<b>Akiko Kamimura</b>	<b>Tony Hellman</b>	<b>Stanley Chiang</b>
<b>Bruce Christenson</b>	<b>Cheryl Krusko</b>	<b>Vince DeSimone</b>
<b>Dave Andrenyak</b>	<b>Deirdre Flynn</b>	<b>Sue Baker</b>
<b>Dennis Goreham</b>	<b>Heidi DeMartis</b>	<b>Tonya Karren</b>
<b>Irene Yuen</b>	<b>Jim Kucera</b>	<b>Mac Brubaker</b>
<b>John Butler</b>	<b>Steve Duncan</b>	<b>Kathleen Waller</b>

## Organizer's Raffle

Each year the club holds an appreciation banquet to show our support and appreciation for our organizers and other volunteers. To qualify for the banquet, a member must organizer at least two activities or one multi-day activity. This year, the appreciation banquet will also include an Activity Organizers Raffle.

Throughout the year, we'll collect a variety of fun and interesting prizes. Activity Organizers will get a raffle entry for every activity they organize (or each day of a multi-day activity), up to a maximum of 10 entries. The more you organize, the more chances you get to win a prize!

Let's show our organizers how much we appreciate them. If you have an idea or prize donation you'd like to share, send an email to:

**[info@wasatchmountainclub.org](mailto:info@wasatchmountainclub.org)**.



### ORGANIZER RAFFLE



# Wasatch Mountain Club (WMC)

## Applicant Agreement, Acknowledgment of Risk, and Release from Liability

**Activity:** \_\_\_\_\_ **Organizer:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**VOLUNTARY PARTICIPATION:** I acknowledge that my participation in all WMC activities is voluntary. No one is forcing me to participate. I agree to abide by the rules of the WMC.

**ASSUMPTION OF RISK:** I am aware that WMC activities involve risks, and may result in injury, illness, death, and damage to or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered exploratory, with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guide service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage to or loss of my property.

**PREPARATION:** I understand that it is my responsibility to evaluate the difficulties of any WMC activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to participate safely.

**RELEASE OF LIABILITY AND PROMISE NOT TO SUE:** I agree that I, my heirs, personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the WMC, its activity organizers, directors, agents or representatives for any injury, illness, death or damage and loss of property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

**LEGAL FEES:** Should it become necessary for the WMC, or someone on their behalf, to incur attorney fees and costs to enforce this agreement, I agree to pay the WMC reasonable costs and fees thereby expended, or for which liability is incurred.

**INSURANCE:** I understand that the WMC strongly recommends that I maintain insurance sufficient to cover any injury, illness or property damage that I may incur while participating in WMC activities. In the event of injury, illness or death related to any WMC activity, I recognize that I, or my estate, will bear the full cost of my evacuation or recovery, and any related medical care that I may need. I acknowledge that the WMC carries no insurance whatsoever for any participants in WMC activities.

**My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and agree to be bound by its terms. I certify I am at least 18 years old.**

**\*\*ATTENTION\*\* IF YOU ARE NOT A MEMBER OF THE WMC, PLEASE NOTIFY THE TRIP ORGANIZER!**

Member of WMC? (Y/N)	Signature	Print Name Legible	Phone	Check Out
1				
2				
3				
4				
5				
6				
7				
8				
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# Trip Reports

Leisurely Hike to Hueghs Canyon, January 15<sup>th</sup>



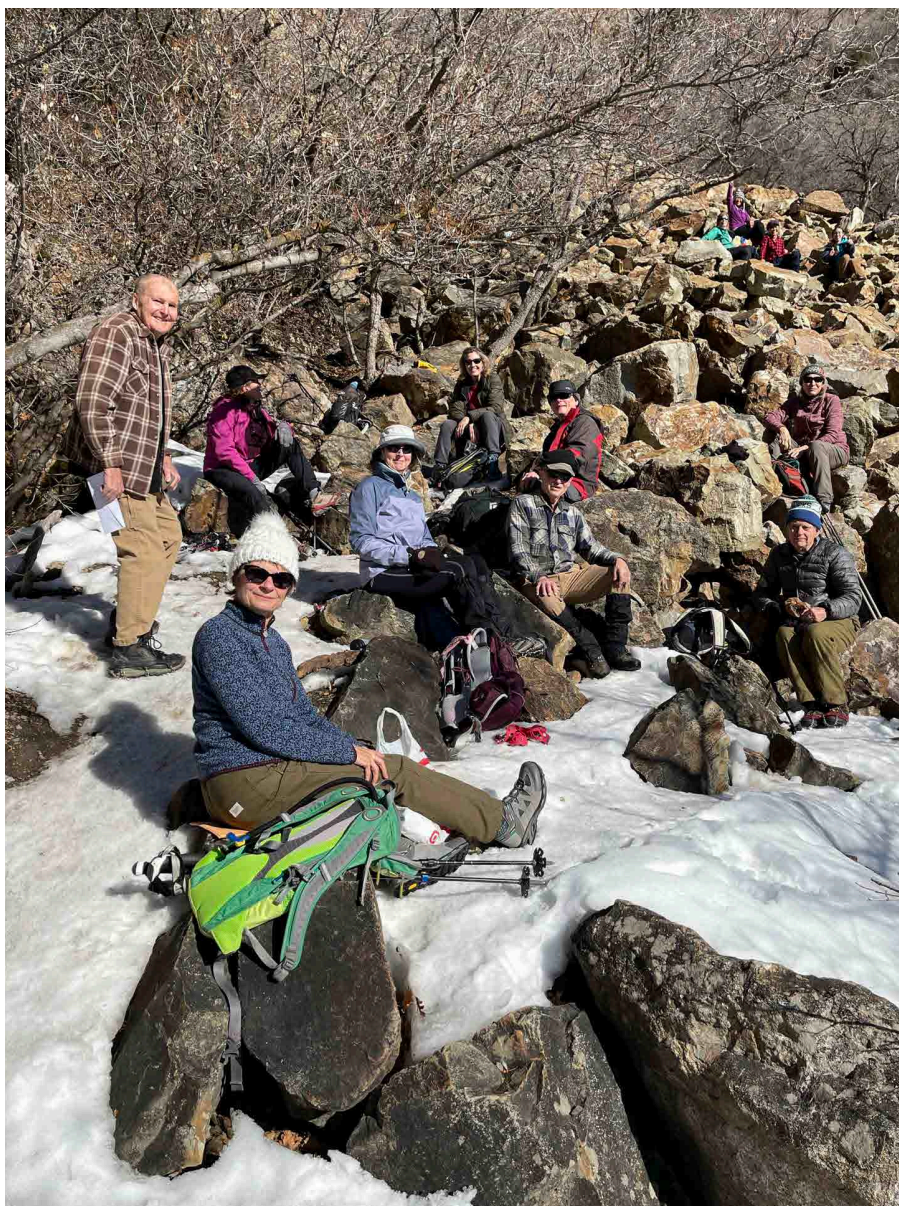


Organized by Bruce Christenson  
Report by Gretchen Siegler

Thirteen hikers joined our organizer Bruce Christenson on a chilly, sunny morning at the Mount Olympus Trailhead. We set off on what was for some of us a new trail, and clean thanks to the members of the WMC who have dedicated themselves to its maintenance. Bruce brought up the back, along with Phyllis the other octogenarian, and a few of us who enjoy a leisurely pace. This helped disperse everyone into the two smaller groups sizes necessary for hiking in a designated wilderness area.

After a steep beginning, we turned south onto the Bonneville Shoreline Trail heading toward Hueghs Canyon. This section of the BST is rocky with drop-offs overlooking the Salt Lake Valley. The view was gorgeous even though the inversion was apparent in the valley's bowl. The trail was mostly frozen dirt with only a few icy patches.

Hueghs Canyon was shaded and snowy. The faster paced group considerably waited for the group behind them. We all spiked up for our trip up to the waterfall where we congregated on the rocks for a long, talkative lunch. On the way back to the trailhead, the sun had melted the ice and felt lovely enough to strip down to our base layer on this mid-winter day. Participants included: Gretchen Siegler, Phyllis Anderson, Nona Vernon, Susan Allen, Bob Myers, Terri Ruesch, Russel Patterson, Bret Mathews, Yi Qu, Teri Jenkins, Steve Duncan, Hong Duong, Melissa Stimpfle, and of course, Bruce Christenson. Thanks Bruce for bringing us together.





# Alpine Ski Tour - West Unitas, January 23<sup>rd</sup>



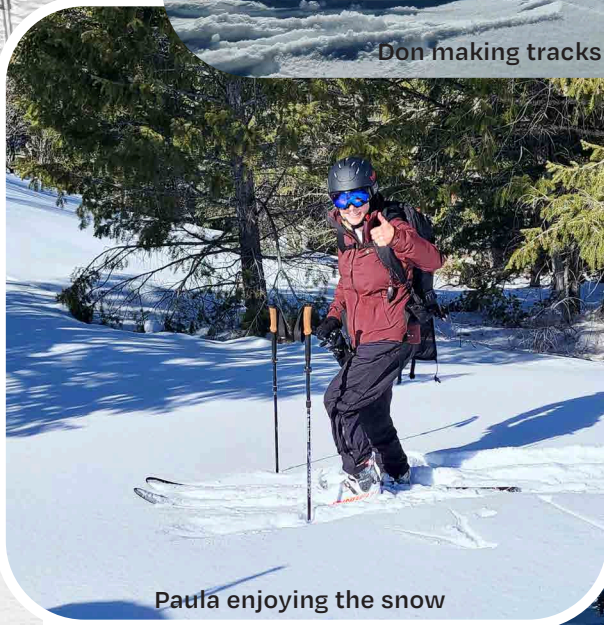
Kathleen and Cora

Organized by Kathleen Waller  
Photos by Kathleen Waller / Don Doubray

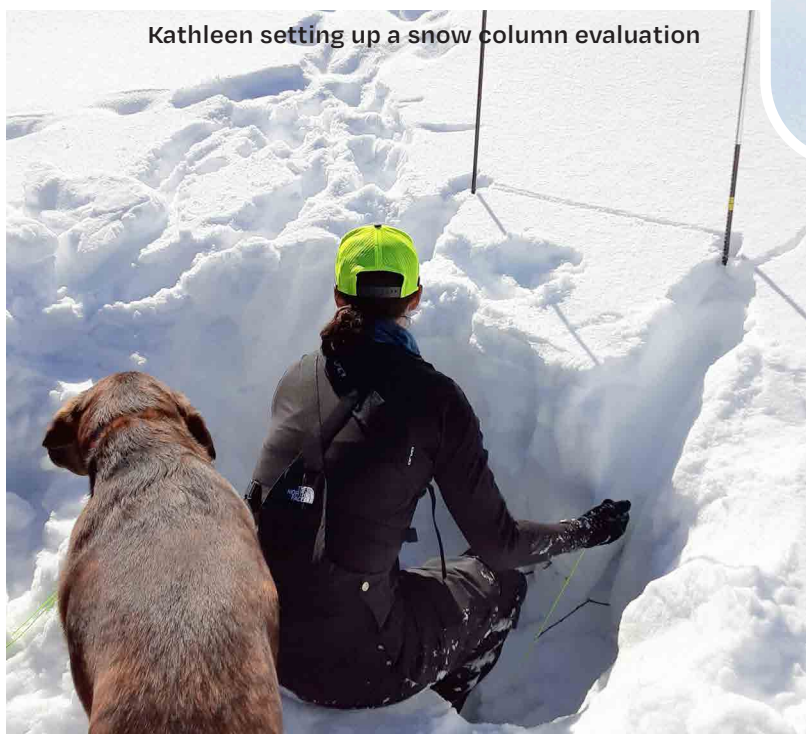
A great ski tour in the West Unitas! Despite the lack of new snow, it was a bluebird day, we did three laps, and fun was had by all.



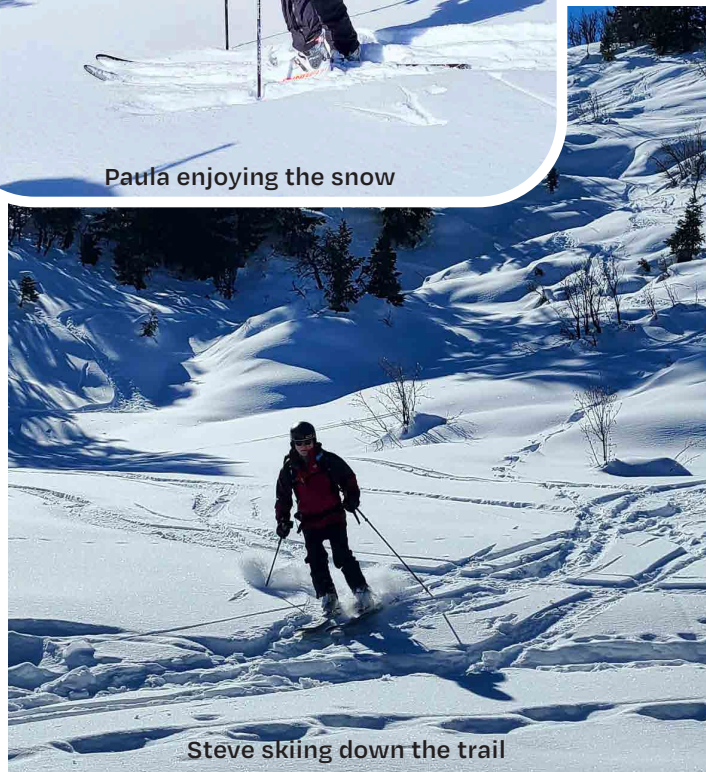
Don making tracks



Paula enjoying the snow



Kathleen setting up a snow column evaluation



Steve skiing down the trail







Boiling water/ cooking lunch

**Organized, report & photos by  
Akiko Kamimura**

Snow camping requires some different skills from those for summer camping. It was a perfect day for the snow camp workshop – a beautiful sunny day with blue sky. We had a brief meeting at the Yellow Pine TH in the West Uintas, to review gear and the characteristics of an ideal campsite for snow camping. Kathleen knew the area well and had suggestions for a workshop location. After we skied/hiked/snowshoed on the Slate Creek trail one mile, we found a place for the workshop. We divided the group into two sub-groups. Group 1 stomped snow down with skies/ snowshoes to make an even pad for a tent platform. Group 2 shoveled snow to make a kitchen and dining area. Then, we talked about water treatment and tips to sleep warm on snow. Four of us brought a 4-season tent. Each tent had unique features. While setting up tents, we discussed the differences between the 4-season tents. Some of us boiled water/ cooked lunch. Bob cooked chili. Molly and Sophie cooked pasta. Stephanie melted snow and boiled water. After cleaning up the site, we skied/snowshoed the loop trail and went back to the TH.



Group photo at the tent site. From left – Sophie, Molly, Michelle, Kathleen, Bob, Stephanie & Akiko



Stephanie, Molly & Sophie setting up a tent



Kathleen, Stephanie & Michelle waiting for the rest of the group



# Lone Rock Snowshoe - January 8<sup>th</sup>

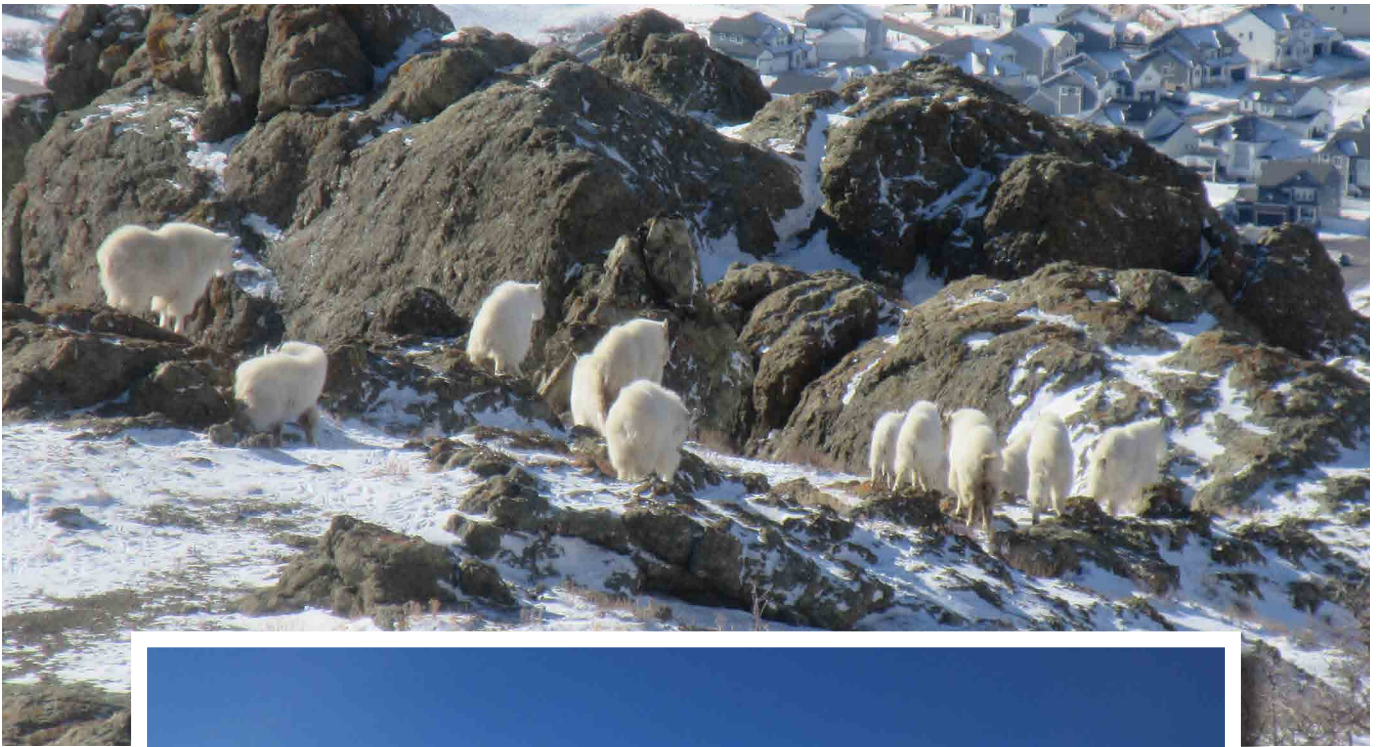
Organized, report & photos by Akiko Kamimura

On the next day of the record high, we expected it would be very warm. But when we met at the Peak View Trailhead in Draper, it was very cold and windy. We took the Jacob's Ladder Trail to bag Lone Rock which is located in the south of Ennis Peak. Sun was up once we started. The snow on the trail was packed. We got to Lone Rock in one hour and half. It was too early to go back to the TH. There are two Lone Rocks on the map. So, we decided to go to the second Lone Rock on off-trail. We used snowshoes between the two Lone Rocks. Alec recently moved from Pennsylvania and did not have snowshoes. He used Akiko's old snowshoes that were too small for him. He did very well, though. When we were approaching the second Lone Rock, we saw at least 14 mountain goats there. We had lunch while watching mountain goats and enjoying the views. We put off snowshoes and switched to microspikes at the second Lone Rock because there is a trail between the second Lone Rock and the TH. It was probably too early to take off snowshoes. The trail was covered with deep snow. It was a beautiful day with nice people. There were two participants who attended a club activity for the first time – Mark and Alec. This hike/snowshoe took 4 hours and 15 minutes in total including breaks (distance – 5.7 miles, elevation gain – 2,393 ft).



Group photo at Lone Rock. From left – Tom, Mark, Brad, Scott, Alec & Akiko





On the way to the second Lone Rock





# Tuesday Morning Snowshoes

## Summit Park / Lambs Canyon Area, January 11<sup>th</sup>

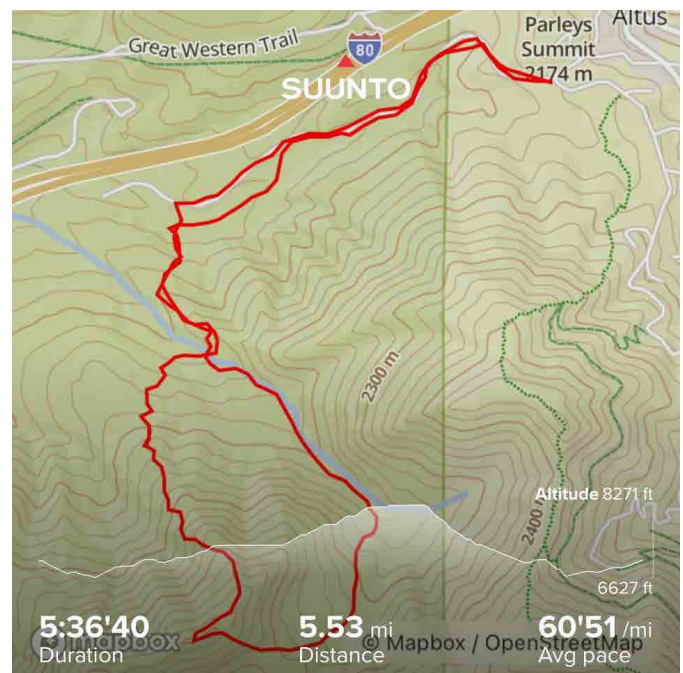


Leslie, Jim, Vince, and Ellen looking NW at mountains above Salt Lake Valley and Ogden.

Organized by Vince DeSimone  
Trip Report by Vince DeSimone / Photo by Craig Payne

Leslie Woods, Ellen Sherk, Craig Payne, Jim Kucera and Vince Desimone explored the area between Summit Park and Lamb's Canyon where the recent Parley's Canyon fire occurred in the fall. This location was chosen over the one posted for the RAMBLER because the road to the trail head in Summit Park had not been adequately plowed to the trail head parking. We started at the western end of Kilby road where parking was available. We snowshoed down Parley's Canyon on the historic road that was there before I-80 was built for about a mile and then we went south up through much of the fire ravaged area to a peak overlooking Lamb's Canyon and Mt. Aire. The fire had ravaged much vegetation and many mature trees. Some groves showed little impact from the fire. The trip was about 6 miles long and gained about 1200 vertical feet above our start but about 1,700 feet of climbing. It took almost six hours round trip.

We again saw moose for the fourth week in a row on Tuesday snowshoes. On the trip we saw many places where moose had slept and lots of their excrement. I learned that when these egg shaped droppings are dry and hard that they can be shellac coated and strung into necklace! On the trip we were surprised to meet five skiers who had hiked in to make turns on the untracked snow.





# with Vince DeSimone



## Parley's / Emigration Canyon Ridge, January 18<sup>th</sup>



Looking east toward Murdock Peak and the area of the fire

Organized by Vince DeSimone

Trip Report by Vince DeSimone / Photos by Jim Kucera & Ellen Sherk

Twelve people participated in the 1/18/2022 snowshoe along the ridge in between Parley's and Emigration Canyons. One person came as a non-member guest exploring interest in the WMC. She had never snowshoed but was in good physical condition, had good equipment and attitude. Deb Frank started off with a group of experienced strong snowshoers and Vince followed. The new person soon caught up with the experienced group and we proceeded on as one group. The views on either side of the ridge were excellent. On the Immigration side we could look at a thick blanket of polluted air in the Salt Lake Valley. We were enjoying the views and fresh clean air. The trip was 4.4 miles and 1,670 feet of vertical in 3.5 hours. Leslie Woods & Deb Frank not shown.

Along the way we saw many moose hoof prints and areas where moose had browsed on the Mountain Mahogany but never saw a moose breaking the string of having seen moose on the previous four Tuesdays.



Group Photo (LtoR): Roger Y, Vince D, Bob M, Susan A, Craig P, Mohammed A, Jen K, Jim K, Russel P, Ellen S





# Tuesday Morning Snowshoes

## Iron Bill Trail Snowshoe, January 25<sup>th</sup>



View from our high point looking over Three Mile Canyon towards Murdock Peak

Organized by Vince DeSimone

Trip Report by Vince DeSimone / Photos by Jim Kucera & Ellen Sherk

Twelve people participated in the Tuesday 1/25/2022 snowshoe above the Olympic Park in Park City. We went up the Iron Bill Trail to the top of the luge track. Along the way we saw two deer and nine moose browsing in the mountain mahogany trees which are numerous in this area. At this point eight people went back to the start and four continued up to the ridge overlooking Three Mile Canyon where we were rewarded with great 360 degree views of the surrounding mountains, ski areas and Snyderville Basin. The trip was four hours with about 1,500 foot vertical.

Enjoying views (LtoR): Roger Young, Vince Desimone, Ellen Sherk, Jim Kucera. Uinta's in background.



# with Vince DeSimone



## Log Hollow (Uintas) Snowshoe, February 8<sup>th</sup>

Organized by Vince DeSimone  
Report & Photo by Ellen Sherk

Five of us headed out to Log Hollow in the Uintas. We only saw one other person, and we didn't see him until we were almost back to the car...so we had the entire wilderness to ourselves. Two of us wore snowshoes up while three didn't need them until we reached the overlook at lunch. And then the plunging began. For not having new snow for almost a month, there was lots of fresh snow to plunge in. Beautiful sunny day, fresh mountain air, no inversion and good conversations.



Group photo (LtoR): Ellen, Vince, John, Deena, David with Timpanogos in background





# Point 8795 Snowshoe, West Uintas

## January 23<sup>rd</sup>

Organized, report & photos by Akiko Kamimura

Unlike some of the trail on Mirror Lake Hwy, which can be busy, trails on UT-35 tend to be less crowded. We snowshoed from the Log Hollow Trailhead on UT-35 and saw only one snowboarder and two hikers. The snow on the trail was packed. But all the tracks on the snow were not made recently. After hiking 2.5 miles in the beautiful forest, we decided to go up off-trail to seek views. The views of Wasatch Mountains, Timp, Cascade Mountains and Provo Peak Massif were stunning. After following the ridgeline, we arrived at Point 8795. The point had a large pine tree. We took a different route to go back to the TH and did a loop. The route was much steeper than we expected. But it was fun. We had great weather. We just saw one snowboarder (with 3 dogs) and two hikers. It was a very scenic route. This snowshoe took 5 hours in total including breaks (distance – 5.39 miles, elevation gain – 1,786 ft).



Snowshoeing through the forest (LtoR): Bob & Dave  
Upper Left: Bob descending quickly  
Upper Right: Dave enjoying the view



## BST South Walk-About Hike January 23<sup>rd</sup>

Organized by Julie Kilgore

Trip report by Steve Leitch / photo by Brenda Leitch

On a sunny, cool Sunday morning, 7 enthusiastic hikers (Julie, Michelle, Yi, Carol, Cassie, Brenda, Steve) started from Hidden Valley Park and headed south on the BST. We paused a few times along the way as Julie described the history (Suspension Bridge) and pointed out several landmarks. As the sun peaked over the Wasatch it became nice and warm. Continuing south on the Rattler trail, we stopped at Ghost Falls for a short break. A little further south, we decided it was a good turnaround point and we returned via Canyon Hollow, BST, Draper Alpine Rd, and Aqueduct trails completing a 10.4 mile loop. It was a wonderful day for a Sunday morning stroll and enjoyed great company and conversation!



At Ghost Falls (Front): Michelle  
(Back L to R): Carol, Julie, Cassie, Yi, Steve  
Photo taken by Brenda





# Little Water Peak Snowshoe January 20<sup>th</sup>

Organized by Jim Kucera  
Report & Photo by Steve Duncan

Jim Kucera organized a nice loop snowshoe over Little Water Peak. What isn't obvious in the photo, but makes it more interesting, is that we're looking the remains of a massive avalanche in the bowl to the right. The crown of the avalanche is right at the ridgeline and is probably 8 ft. high. It's not that clear in the photo, but the avalanche is a good 100 yards wide and broke right down to the bare ground. It was a great day for a snowshoe. Participants were: Greg Lott, Leslie Woods, Jim Kucera, Deirdre Flynn, Steve Duncan.



Overlooking the avalanche remains (LtoR): Greg, Leslie, Jim



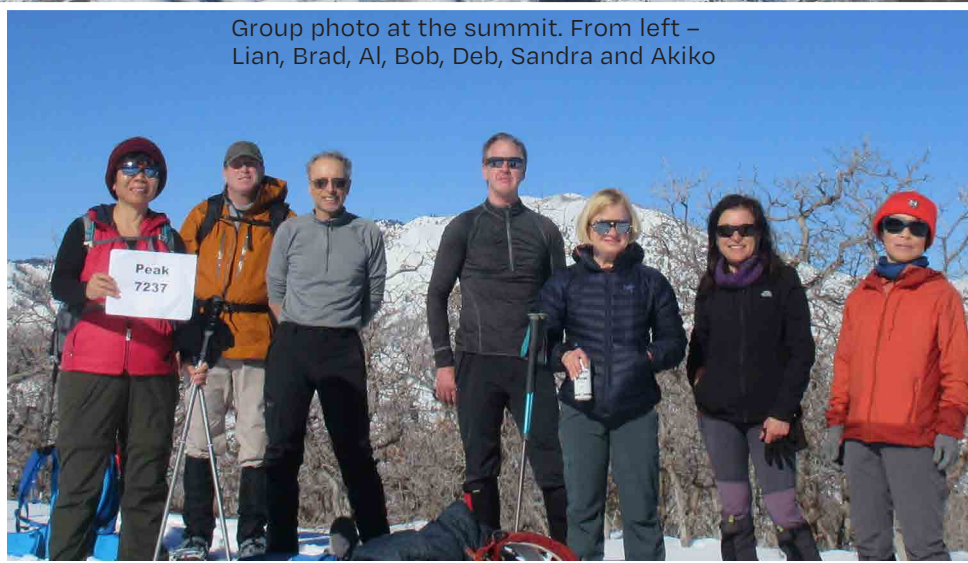


# Peak 7237 Snowshoe January 29<sup>th</sup>

Organized, report & photos by Akiko Kamimura

Little Dell Reservoir is a very popular trailhead year around. But not many people go to Peak 7237 which is located in the northeast of the reservoir. From the reservoir, we hiked on UT-65 for 2 miles. Then, we put on snowshoes and climbed the west ridge of Peak 7237. The first half mile of the west ridge was very steep. The next half mile to the peak had very gradual elevation gain and offered great views of surrounding mountains. We had a long lunch break at the summit and enjoyed chatting and the nice weather. We went down on the south ridge to go back to the TH. Snowshoeing on the south ridge was very beautiful with seeing the reservoir in front of us. When we were down to around 6,400 ft elevation, the snow coverage became thin. We put off snowshoes, hiked back to the TH, and made a loop. This snowshoe took 4 hours in total including breaks (distance – 5.47 miles, elevation gain – 1,672 ft).

Group photo at the summit. From left – Lian, Brad, Al, Bob, Deb, Sandra and Akiko



Right after climbing the steep slope. From front – Bob, Deb, Kian, Brad and Sandra.





# Fremont Island Adventure

## February 6<sup>th</sup>

Trip Organizer: Dennis Goreham

Participants: Jim Kucera, Greg Lott, Michi Bracken, Kevin Sullivan, and Stanley Chiang

Trip Report: Stanley Chiang

Six brave adventurers met on Sunday, February 6, 2022 under cold but clear skies for a 20+ mile trek to explore Fremont Island from the Antelope Island causeway. The Great Salt Lake is near a historic low, almost 6 feet below the typical norm. After doing some research, we learned that Fremont Island is now under auspices of the State of Utah / Nature Conservancy and public access to this remote island is now allowed. With the lake water levels so low, a massive sandbar is now exposed that provides a foot path to the island from the Antelope Island causeway.

We set out to explore by foot the mudbar and the Island with the goal of seeing the famous Kit Carson cross that was etched into a rock back in 1843. I had thought that there was a possibility of using bicycles to ride on the lakebed, but after a call to the Antelope Island Ranger Station a few days before, I was informed that biking across the lakebed would be extremely challenging, if not impossible due to several wet spots still on the sandbar. Our trek began right around 8 AM from the Antelope Island Marina, which was completely dry due to the low lake levels. To our amazement, we saw several bird watchers and there were thousands, perhaps tens of thousands of shore birds on the North side of the causeway. Some of the bird watchers explained that these were mostly migratory Northern Shovelers and the GSL was a rest stop where they could refuel on brine shrimp.

After walking East along the causeway for about one mile, we saw the vast expanse of the exposed sandbar come into clear view, and felt that it would be firm and dry footing to start our trek across the lakebed. We scrambled down to the beginning of the sandbar only to find that the first 1/4 mile of the sandbar was semi-frozen, but still quite moist and muddy under our feet. Mud was caking on our hiking shoes and boots, but we were never close to sinking in salty mud over our ankles. Indeed attempting to bicycle this short section would be virtually impossible.

After this short muddy section, however, the foot travel became much easier as the sandbar was much dryer and firmer. Our footsteps were not sinking down nearly as much and it was actually quite pleasant to walk across the soft but dry lakebed. There is not much out there. It is a vast expanse of what appears to be nothing other than dried lake mud and salt. As we progressed almost directly North along the wide sandbar for several miles, we only encountered a few dead birds, calcified tumbleweeds, an occasional piece of driftwood, maybe a tire here or there, and some unusual "sailing stones" which left mysterious trailing trails due to the strong winds across the lakebed. We also saw lots of bird footprints, and canine footprints, which we believe were from coyotes.

We traveled Northward for several miles, but then realized that there was lake water to the West getting closer. The sandbar was still mostly dry, but the sandbar changed direction slightly and we found ourselves heading more Westward along the sandbar. Water was clearly visible to the South. We heard the distant sound of the Union Pacific freight train traveling Eastward through Promontory Point and caught a glimpse of a fine line of freight cars moving across the dried lakebed in the far distance. Walking was under perfect weather conditions – temperatures in the high 30s, bluebird skies, very little wind coming out of the Northwest. And no bugs at all!

The island was getting closer and larger as we approached. We encountered a few snowy patches (less than ½ inch accumulation on the lakebed) and some tall grasses (Phragmites) as we were getting within a mile of Fremont Island.





We reached Fremont Island at 10:47 AM after about a 6.5 mile walk across the lakebed. As we got closer to the shoreline, we started seeing some more motorized vehicle tracks in the lakebed. These could have been recent or from the past when the island was owned by other private entities who used ATVs to explore the island.

We made good timing reaching the island in about 2.5 hours. We saw some dried out pilings along the shoreline, what appeared to be a water irrigation tank near the shoreline to the north, and a lot of vegetation similar to that of Antelope Island. A faint ATV or jeep trail headed up the hill and we followed that to our first major high point, which is named David E. Miller Point that included a benchmark and a remote weather station was a few yards away.

In the distance about 2 miles away was the island's high point known as Castle Rock. There was an obvious ATV trail, which also served as a runway for small aircraft that led us towards the high point.

A short but steep easy scramble led us to the summit of Castle Rock, which rises about 800 feet above the lakebed. We stopped for our lunch break here and it was just a few minutes past Noon. The views and sense of remote isolation were amazing in every direction.

At this point, we still had not found the rock upon which the famed Kit Carson cross was engraved. Looking further Northward and Westward from Castle Rock, the island continued at least another 2 miles to the tip. I was not looking forward to having to explore the remaining 2 miles in search of the Kit Carson cross, knowing that if we added on this amount of mileage, we would be pushing close to 28 miles round trip and might have to deal with sunset while still on the lakebed return trip. While the rest of the group was finishing their lunch, I went down a bit from Castle Rock to explore some unusual looking rocks that might have resembled the rock upon which Kit Carson engraved his cross mark. I came across one that had a large window in the rock



Getting closer to the Island (LtoR):Dennis, Michi, Greg, Jim, Kevin)



Benchmark for David E. Miller Point with a 1981 date stamp



Atop Castle Rock (LtoR): Greg, Stanley, Dennis, Michi, Jim, Kevin



and upon looking upwards on the rock, I saw the Kit Carson cross! I was happy to see it knowing that we wouldn't need to explore the remaining 2 miles of the island to the Northwest tip. I went back to our group to tell them that the cross is nearby and let them experience finding and seeing it on their own too.

We finished our lunch and began our return trip. On the way down the ATV track, we came across a small plane which had landed. The pilot and his dog were walking along the runway enjoying a Sunday afternoon flight to the island. We were sure the pilot and his dog were surprised to see 6 hikers on the island. After a friendly conversation, we continued on and shortly after we heard the plane take off and it flew very close to us. We waved and the pilot did a quick sharp maneuver to say goodbye to us also. Hopefully the dog didn't get airsick!

Our trek back across the lakebed went smoothly too. We kind of split up into two groups, with the faster group forging ahead and heading a bit more Eastward. I was in the slower group and we somewhat retraced our steps heading more Westward. We all made it back to the causeway right around 5:15 PM and there was still plenty of daylight. It turned out that the group that headed Eastward stayed on a drier part of the sandbar, as the warmer temperatures of the afternoon defrosted sections of the sandbar on the West side making it noticeably muddier for the last 1/10 of a mile before the causeway. Fortunately, we didn't encounter any quicksand-like conditions, but we really didn't want to stop moving to find out. All in all, a great 23 mile trek that took about 9 hours total under cool temperatures and bluebird skies to explore Fremont Island!



Famed Kit Carson cross, which is engraved on this rock in Sept. 1943 (LtoR): Dennis, Kevin, Michi, Jim, Stanley, Greg)



Single engine plane on the Fremont Island "runway"



The ATV road / aircraft runway that leads to Castle Rock, which is the dark summit in the center/right. Southern Promotories mtns in far background



## Rattlesnake Gulch Re-Route Hike, January 12<sup>th</sup>

Organized by Julie Kilgore  
Report & Photo by Julie Kilgore

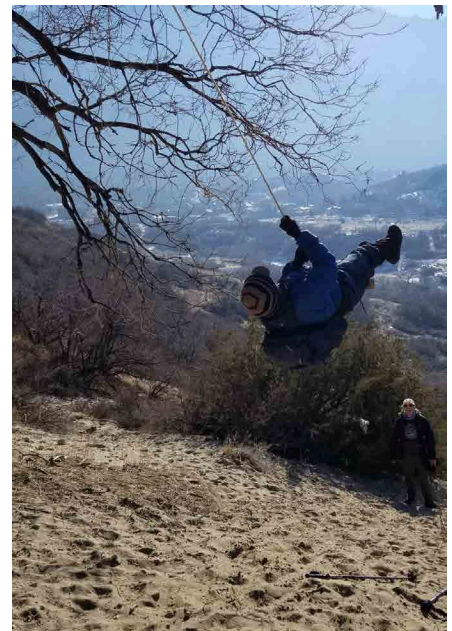
Great group on a relaxed pace night hike, up the traditional Rattlesnake Gulch approach and back by way of the new switchbacks 😊!



## Dimple Dell Hike, January 30<sup>th</sup>

Organized by Julie Kilgore  
Report & photos by Julie Kilgore

Peaceful WMC 7-mile meander through the heart of Dimple Dell today. Remember a couple of decades ago when they wanted to turn this area into a golf course? This morning we had most of the trails all to ourselves. Granted, it was 28 degrees when we started. A few more folks started coming out as the day warmed. We stumbled on a rope swing hanging from one of the big trees, and everyone had to give it a try 😊. Great group for a nice stroll.





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- 10% of **MEMBER DUES** support local conservation and trail maintenance.

**WASATCH MOUNTAIN CLUB**  
1390 SOUTH 1100 EAST, SUITE #103  
SALT LAKE CITY, UT 84105-2462  
801-463-9842

Email: [Info@WasatchMountainClub.org](mailto:Info@WasatchMountainClub.org)



# WASATCH MOUNTAIN CLUB (WMC) MEMBERSHIP APPLICATION

(Do not use for renewals.)

Please read carefully and completely fill out both sides of the page. Print legibly, please.

I am applying for membership as: \_\_\_\_\_ Single \_\_\_\_\_ Couple

Name: Applicant 1: \_\_\_\_\_ Birthdate\*: \_\_\_\_\_

Name: Applicant 2: \_\_\_\_\_ Birthdate\*: \_\_\_\_\_

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Applicant 1: Main phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Applicant 2: Main phone: \_\_\_\_\_ Email address: \_\_\_\_\_

**PRIVACY INFORMATION:** The WMC defaults to listing your name, address, phone and email in a *Member Directory*. This information is only available to current members, and to access it they must either log in to the WMC website ([www.wasatchmountainclub.org](http://www.wasatchmountainclub.org)) or request a printed copy from the Membership Director.

**YOU NEED TO TAKE THE FOLLOWING ACTION:** To not have your address, phone, and/or email listed in the *Member Directory* – if you don't have computer access or need help contact the Membership Director, otherwise on the WMC website use the **MEMBERS > Privacy & Activity Preferences** webpage.

**Membership dues:**

- \$40.00 for single membership (Annual dues \$35.00 plus \$5.00 paper application fee)
  - \$55.00 for couple membership (Annual dues \$50.00 plus \$5.00 paper application fee)
  - \$25.00 for student membership (Annual dues \$20.00 plus \$5.00 paper application fee)
- Student members must be full-time student.

Enclosed is \$\_\_\_\_\_ for application fee and first year's dues. Check or money order only. Please make checks payable to Wasatch Mountain Club.

**How did you learn about the Wasatch Mountain Club:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\* Your birth date is only used to verify you are at least 18 years old and membership age statistics.





# WASATCH MOUNTAIN CLUB (WMC)

## Applicant Agreement, Acknowledgement of Risk and Release from Liability

**VOLUNTARY PARTICIPATION:** I acknowledge that my participation in all WMC activities is voluntary. No one is forcing me to participate. I agree to abide by the rules of the WMC.

**ASSUMPTION OF RISK:** I am aware that WMC activities involve risks, and may result in injury, illness, death, and damage to or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered exploratory, with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guide service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage to or loss of my property.

**PREPARATION:** I understand that it is my responsibility to evaluate the difficulties of any WMC activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to participate safely.

**RELEASE OF LIABILITY AND PROMISE NOT TO SUE:** I agree that I, my heirs, personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the WMC, its activity organizers, directors, agents or representatives for any injury, illness, death or damage and loss of property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

**LEGAL FEES:** Should it become necessary for the WMC, or someone on their behalf, to incur attorney fees and costs to enforce this agreement, I agree to pay the WMC reasonable costs and fees thereby expended, or for which liability is incurred.

**INSURANCE:** I understand that the WMC strongly recommends that I maintain insurance sufficient to cover any injury, illness or property damage that I may incur while participating in WMC activities. In the event of injury, illness or death related to any WMC activity, I recognize that I, or my estate, will bear the full cost of my evacuation or recovery, and any related medical care that I may need. I acknowledge that the WMC carries no insurance whatsoever for any participants in WMC activities.

**SIGNATURE:** My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and agree to be bound by its terms. I certify I am at least 18 years old.

Signature 1 \_\_\_\_\_ Date: \_\_\_\_\_

Signature 2 \_\_\_\_\_ Date: \_\_\_\_\_

Mail completed application to:

Membership Director  
Wasatch Mountain Club  
1390 South 1100 East #103  
Salt Lake City, UT 84105-2462

Leave blank for office use:

Check # \_\_\_\_\_ Amount Received \_\_\_\_\_ Date \_\_\_\_\_ By \_\_\_\_\_



# Wildlife of the Wasatch

## Boreal Toad - *Anaxyrus boreas*

### Fun Facts:

- Behind each eye, a boreal toad will feature an obvious parotid gland. When threatened or attacked the toad will secrete a slimy whitish substance that contains a poison that can cause nausea and irritate the throat and eyes. It's best not to touch a boreal toad!
- Males are typically smaller than females.
- Some boreal toads will hibernate together in one large burrow or hole called a hibernaculum.



**Identification:** An easy way to identify a boreal toad is by the dark spots on its belly and a distinctive stripe on its back stretching from the nostrils to the hindquarters. They also do not croak or leap; they can only move by hopping or walking. They generally feature a stocky body of 3.7-4.2 inches with short back legs, horizontal eye pupils and rough skin covered in nodules. Their heads are much narrower than their bodies. Coloration is highly variable and may encompass brown, tan, olive, grey, dark green or yellow.

**Habitat:** As an amphibian, a boreal toad will only thrive near water. They are found across western North America from northern New Mexico up to southeast Alaska. In Utah, its distribution is limited to elevations above 5,150 feet. Sadly, in recent decades it can only be found in a small fraction of its former habitat within the state. These toads prefer coniferous forests, aspen groves and alpine meadows with water sources including lakes, springs, seasonal pools, marshes and damp meadows. Water is necessary for breeding and reproduction where tadpoles will languish for two months. The boreal toad will hibernate during the winter months.

**Diet:** Boreal toads are nocturnal, making them difficult to see in the wild. They are generalists and will devour a variety of food including insects, ants, beetles, spiders, moths, worms and small invertebrates.

**Words of Warning:** Due to habitat degradation, global warming and the spread of the chytrid fungal disease, boreal toads are considered a state sensitive species in Utah. For this reason, you should simply observe boreal toads and consider yourself lucky to have spied one. Please don't touch, relocate or bother a boreal toad. You can protect them by watching your step since they move slowly. Don't remove tadpoles or toads from their habitat, and avoid watering horses or livestock in shallow ponds and lakes.

*Note: This article was reprinted with permission of Lexi Dowdall and Ski Utah. It was originally published 6/28/2021 on SkiUtah.com*





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